Accepted Manuscript

Title: Comparison of IFCC-calibrated HbA1c from Laboratory and Point of Care Testing Systems

Author: Susan E. Manley, Laura J. Hikin, Rachel A. Round, Peter W. Manning, Stephen D. Luzio, Gareth J. Dunseath, Peter G. Nightingale, Irene M. Stratton, Robert Cramb, Kenneth A. Sikaris, Stephen C.L. Gough, Jonathan Webber

PII: S0168-8227(14)00217-4
DOI: http://dx.doi.org/doi:10.1016/j.diabres.2014.05.003
Reference: DIAB 6072

To appear in: Diabetes Research and Clinical Practice

Received date: 14-5-2014
Accepted date: 14-5-2014

Please cite this article as: S.E. Manley, L.J. Hikin, R.A. Round, P.W. Manning, S.D. Luzio, G.J. Dunseath, P.G. Nightingale, I.M. Stratton, R. Cramb, K.A. Sikaris, S.C.L. Gough, J. Webber, Comparison of IFCC-calibrated HbA1c from Laboratory and Point of Care Testing Systems, Diabetes Research and Clinical Practice (2014), http://dx.doi.org/10.1016/j.diabres.2014.05.003

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.
Comparison of IFCC-calibrated HbA$_{1c}$ from Laboratory and Point of Care Testing Systems

Running Title: Comparing Laboratory and Point of Care HbA$_{1c}$

Susan E. Manley PhD, FRCPath,$^{1,2}$ Laura J. Hikin MSc,$^1$ Rachel A. Round MSc,$^1$ Peter W. Manning MSc,$^1$ Stephen D. Luzio PhD, FRCPath,$^3$ Gareth J Dunseath M Phil,$^3$ Peter G. Nightingale PhD,$^4$ Irene M. Stratton MSc,$^5$ Robert Crumb MSc, FRCPath,$^{1,2}$ Kenneth A. Sikaris MBBS, FRCPathA,$^6$ Stephen C.L. Gough MD, FRCP,$^7$ Jonathan Webber DM, FRCP,$^8$

$^1$Clinical Biochemistry, University Hospitals Birmingham NHS Foundation Trust, Birmingham, UK,

$^2$Divisional of Medical Sciences, University of Birmingham, Birmingham, UK,

$^3$Diabetes Research Group, Swansea University, Swansea, UK,

$^4$Wellcome Trust Clinical Research Facility, University Hospitals Birmingham NHS Foundation Trust, Birmingham, UK,

$^5$Gloucester Diabetic Retinopathy Research Group, Gloucestershire Hospitals NHS Foundation Trust, Cheltenham, UK,

$^6$Melbourne Pathology, Melbourne, Australia,

$^7$Oxford Centre for Diabetes, Endocrinology and Metabolism, University of Oxford, Oxford, UK,

$^8$Diabetes Centre, University Hospitals Birmingham NHS Foundation Trust, Birmingham. UK.
Corresponding author:
Dr Sue Manley,
Office 2, Level -1,
Clinical Laboratory Services,
Clinical Biochemistry - University Hospitals Birmingham NHS Foundation Trust,
Queen Elizabeth Hospital Birmingham,
Mindelsohn Way,
Edgbaston,
Birmingham,
B15 2WB
United Kingdom
Tel: #44(0) 121 371 5991
Fax: #44(0) 121 371 5974
E-mail: susan.manley@uhb.nhs.uk

Keywords
IFCC-calibrated HbA\textsubscript{1c}
HbA\textsubscript{1c} measurement
Diagnosis
Diabetes
Pre-diabetes
ABSTRACT

OBJECTIVE— WHO, IDF and ADA recommend HbA1c ≥6.5% (48 mmol/mol) for diagnosis of diabetes with pre-diabetes 6.0% (42 mmol/mol) [WHO] or 5.7% (39 mmol/mol) [ADA] to 6.4% (47 mmol/mol). We have compared HbA1c from several methods for research relating glycaemic markers.

RESEARCH DESIGN AND METHODS—HbA1c was measured in EDTA blood from 128 patients with diabetes on IE HPLC analysers (Bio-Rad Variant II NU, Menarini HA8160 and Tosoh G8), point of care systems, POCT, (A1cNow+™ disposable cartridges and DCA 2000®+ analyser), affinity chromatography (Primus Ultra2) and the IFCC secondary reference method (Menarini HA8160 calibrated using IFCC SRM protocol).

RESULTS— Median (IQ range) on IFCC SRM was 7.5%(6.8 to 8.4) (58(51 to 68) mmol/mol) HbA1c with minimum 5.3%(34 mmol/mol)/maximum 11.9%(107 mmol/mol). There were - positive offsets between IFCC SRM and Bio-Rad Variant II NU, mean difference (1SD), +0.33%(0.17) (+3.6(1.9) mmol/mol), r²=0.984, p<0.001 and Tosoh G8, +0.22%(0.20) (2.4(2.2) mmol/mol), r²=0.976, p<0.001 with a very small negative difference -0.04%(0.11) (-0.4(1.2) mmol/mol), r²=0.992, p<0.001 for Menarini HA8160. POCT methods were less precise with negative offsets for DCA 2000®+ analyser -0.13%(0.28) (-1.4(3.1) mmol/mol), r²=0.955, p<0.001 and A1cNow+™ cartridges -0.70%(0.67) (-7.7(7.3) mmol/mol), r²=0.699, p<0.001 (n=113). Positive biases for Tosoh and Bio-Rad (compared with IFCC SRM) have been eliminated by subsequent revision of calibration.
CONCLUSIONS— Small differences observed between IFCC-calibrated and NGSP certified methods across a wide HbA₁c range were confirmed by quality control and external quality assurance. As these offsets affect estimates of diabetes prevalence, the analyser (and calibrator) employed should be considered when evaluating diagnostic data.

250 words
HbA$_{1c}$ is important for the management of diabetes [1,2] with its relationship to complications described by the Diabetes Control and Complications Trial (DCCT) and United Kingdom Prospective Diabetes Study (UKPDS). In both clinical trials ion exchange high performance liquid chromatography (IE HPLC) was employed for reporting HbA$_{1c}$ using Bio-Rad analysers [3]. More recently, HbA$_{1c}$ has been recommended by the ADA [4], WHO [5] and IDF [6] for the diagnosis of diabetes with a level of $\geq 6.5\%$ (48 mmol/mol) selected as the cut-point because of its relationship to diabetic retinopathy in epidemiological studies [7,8].

HbA$_{1c}$ is an attractive alternative to glucose being more stable after collection of blood, not as readily affected by short-term variations in glycaemia and not requiring fasting or time consuming procedures e.g. oral glucose tolerance testing (OGTT) [9]. It is easily measured in laboratories and at point of care (POCT) using a variety of techniques including IE HPLC, immunochemistry or boronate affinity chromatography [10]. Precise International Federation for Clinical Chemistry and Laboratory Medicine (IFCC) calibrated methods are recommended in current guidelines [4-6] following the introduction of the IFCC reference method for HbA$_{1c}$ [11] involving mass spectrometry and capillary electrophoresis which has been used to anchor calibration of routine methods since 2003.

Rather than a single HbA$_{1c}$ cut-point for diagnosis some guidance from Germany [12] and the US [13] recommends using ranges e.g. $\geq 7.5\%$ (58 mmol/mol) for ruling in diabetes and $\leq 5.5\%$ (37 mmol/mol) for ruling diabetes out with subsequent glucose testing for individuals who fall between $5.5\%$ (37 mmol/mol) and $7.5\%$ (58 mmol/mol) [14,15]. Knowledge of any off-sets between field methods and IFCC HbA$_{1c}$ values is important when cut-points are being used for the diagnosis of diabetes and narrow ranges for pre-diabetes.
In this study, we have measured IFCC-calibrated HbA1c in 128 patients with diabetes and normal haemoglobin using six systems certified by the National Glycohemoglobin Standardization Program (NGSP) and widely used in laboratories and at POCT, Table 1. We have compared HbA1c results with an IFCC secondary reference method (IFCC SRM) based in a laboratory in the Netherlands comprising an IE HPLC analyser calibrated using special IFCC-calibrators. This IFCC SRM is used for the assignment of quality assurance and other materials. We have translated the differences observed in HbA1c into effects on estimates of the prevalence of diabetes using two data sets from patients undergoing OGTT with concurrent HbA1c measurement already published by the authors [15]. In addition, we have compared the calibrator used for Tosoh equipment during this study with the revised calibrator issued in Europe in September/October 2013 in 45 patient samples stratified across the range.

RESEARCH DESIGN AND METHODS

Ethical approval for the study was obtained from the West Midlands Local Research Ethics Committee and complies with the current revision of the Declaration of Helsinki.

Study Population

Adult patients attending the diabetes centre for routine care of Type 1 or Type 2 diabetes (n=128) with normal haemoglobin were recruited for a research study, Glucose, Fructosamine & HbA1c Study (GFH). HbA1c was measured in EDTA blood samples in the clinical biochemistry laboratory and in capillary heparinised blood samples in the diabetes centre between June 2007 and June 2009 using laboratory and POCT analysers, Table 1. After recruitment ended, HbA1c was also measured in EDTA blood samples in March and April 2010 on two additional ion exchange HPLC analysers and an IFCC SRM in blood samples stored at -70°C, Table 2.
HbA\textsubscript{1c} Methods

Three IE HPLC analysers, one affinity chromatography analyser and two systems used for POCT were compared with an IFCC secondary reference method as described below, Table 1.

Ion Exchange HPLC

One Tosoh G8 IE HPLC analyser was located in the diabetes centre and another in the clinical biochemistry laboratory at University Hospitals Birmingham NHS Foundation Trust. The Bio-Rad Variant II NU and Menarini HA8160 IE HPLC analysers were located in other laboratories described in the acknowledgements. The IFCC SRM Menarini HA8160 ion exchange HPLC analyser was located in an IFCC secondary reference laboratory in the Netherlands.

Point of Care Testing: Immunochemistry

The A1cNow\textsuperscript{TM} disposable, hand-held cartridges were calibrated and programmed to perform ten analyses with the reagents provided. They contained onboard internal quality control (IQC) but additional IQC (Bio-Rad Lyphochek\textsuperscript{®} Diabetes Control Levels 1 and 2) were analysed with each batch of samples. Due to limited access to consumables, HbA\textsubscript{1c} could not be measured in all samples, (n=113). Since the study was performed the company have specified in their kit leaflet that there is interference from EDTA as evidenced in the latest College of American Pathologists (CAP) data [16]. The DCA 2000\textsuperscript{®+} analyser was calibrated using cards specific for each reagent lot.

Boronate Affinity Chromatography

IQC samples provided by the manufacturer were analysed on the Primus Ultra2 analyser at the beginning and end of each batch with two-point calibration.
Calibration

Assays were calibrated in the individual laboratories according to their routine standard operating procedures. All manufacturers confirmed the provision of IFCC-calibrators. The IFCC SRM Menarini HA8160 IE HPLC analyser was calibrated using the IFCC-network three-level calibrator panel (Lot 2009.1021; 2009.1022; 2009.1023).

Recalibration of Tosoh G8 IE HPLC analyser by manufacturer post GFH Study

In September 2013, Tosoh alerted laboratory staff in Europe to a revision of their calibrator with immediate effect via a Product Information leaflet (Release of the new “Hemoglobin HbA1c Calibrator Set” Lot ZS3001). The leaflet stated that ‘For samples with HbA1c values of 6 to 7% (NGSP) or 42 to 53 mmol/mol (IFCC), variations of 0.1 to 0.2% (NGSP) or 1.4 to 2.2 mmol/mol (IFCC) can be seen with the new Lot (as compared to the current Lot), depending on the specific Lot being used. These variations were deemed acceptable based on 0.3% (NGSP) criteria. For samples with HbA1c values <6% and for samples with HbA1c values between 7 to 10% (NGSP), a decrease in HbA1c values of ≤0.2% and ≤0.3% (NGSP), respectively, can be seen with the new Lot (as compared to the current Lot).’

As a result of this notification, 45 EDTA blood samples and IQC samples were measured on the laboratory Tosoh G8 IE HPLC analyser with the calibrator in use at the time i.e. Lot ZS2002 and also after the introduction of the revised calibrator Lot ZS3001.

QC

IQCcs recommended by manufacturers were used with additional materials provided for samples processed in batch-mode.

Sample Collection and Storage
HbA1c results were available from the diabetes centre on heparinised capillary blood using a Tosoh G8 IE HPLC analyser for 112 patients. For the remaining 16 patients, HbA1c was measured in venous EDTA blood on a similar analyser in the laboratory, Table 2.

In addition, HbA1c was measured in the laboratory in EDTA blood using a Primus Ultra2 affinity chromatography analyser (n=128) and by 2 POCT methods, A1CNow™ cartridges (n=113) and DCA 2000®+ analyser (n=128). Measurements were performed within 5 days of collection of blood where possible but if not, samples were stored at -70°C. Note that collection into EDTA is not usually performed when blood samples are tested on these POCT devices but testing in situ was not possible due to the requirements for obtaining consent for the research study from patients.

According to study protocol, 75µl aliquots of 128 EDTA venous whole blood samples were prepared in triplicate in 2ml microtubes and stored at -70°C. They were sent by courier on dry ice to the outside laboratories for measurement on IFCC SRM, Bio-Rad Variant II NU and Menarini HA8160 analysers in March 2010. The samples were stored at -70°C on receipt and not thawed until required. Samples were analyzed in 6 batches on different days following the laboratory’s standard operating procedures along with IQC material (lyophilized Lyphochek® levels I and II from Bio-Rad Laboratories Ltd) provided by the study. This IQC material was reconstituted following manufacturer’s instructions, divided into aliquots and stored at -20°C.

Additional Studies
Duplicate HbA1c measurements were performed on a subsequent assay/day on a sub-set of aliquots stratified across the range (n=23) on the IFCC SRM, Menarini HA8160 and laboratory Tosoh G8 analysers.
Statistical Analysis

Data were entered into Excel and checked after entry by another person. Statistical analysis was performed using Excel and Analyse-it Ver 2.22 (Analyse-it Software Ltd, Leeds, UK). HbA_1c was reported by the study centre in DCCT aligned units and converted to IFCC using the following equation IFCC = (NGSP – 2.15) x 10.929 before analysis. The other laboratories reported HbA_1c in both IFCC and DCCT aligned units. CVs quoted in the paper were calculated from DCCT aligned units (%) but it should be noted that they are higher when calculated using IFCC units (mmol/mol) due to the nature of the conversion equation [17].

The different methods for HbA_1c measurement were compared to the IFCC SRM with Bland-Altman difference plots presented for each method [18-20]. Each data point, zero (nil difference) lines, mean differences, and 1.96 SD lines are shown. Pearson correlation coefficients (r^2) were calculated for each assay versus the IFCC SRM. Student’s t-test was used to provide p values for the various other comparisons. During the study, the diabetes centre Tosoh G7 analyser was updated to a G8 analyser and results re-aligned using a linear regression equation derived from samples analysed on both systems (G8 HbA_1c = 0.9532*G7 HbA_1c+ 0.1138 (13), n=49). A further re-alignment was required following the release of the consensus statement on the worldwide standardisation of HbA_1c measurement [21], when Tosoh implemented a new ‘anchor’ for their calibrator value. The regression equation provided by the manufacturer was as follows; re-aligned HbA_1c = 0.917*original HbA_1c + 0.407, n=729. The laboratory Tosoh G8 analyser did not require any re-alignment as all analyses on this system took place after this changeover. A national quality assurance scheme (NEQAS, UK) classifies the Bio-Rad Variant II NU with other Variant II analysers but Bio-Rad confirmed that there are no appreciable differences between the various Variant II systems.
Data sets for patients undergoing OGTT for diagnostic purposes with concurrent HbA1c [15] were examined to assess the effect of any offset between routine HbA1c assays and the IFCC SRM using probability density function graphs produced for these data sets and also for those obtained in this paper for patients referred to a university hospital for treatment of diabetes, Figures 2 & 3.

RESULTS
HbA1c ranged from 5.3% to 11.9% (34 to 107 mmol/mol) for 128 blood samples on the IFCC SRM, Table 2. The inter-assay CVs achieved compared well with those quoted by manufacturers with the increased scatter for immunoassay POCT methods reflecting imprecision, Table 1 & Figure 1. In a stratified subset of 23 samples, there were minimal differences between duplicates on IE HPLC analysers with mean difference (1SD) in HbA1c on IFCC SRM -0.06%(0.09), p=0.004 (-0.7(0.9) mmol/mol), Menarini HA8160 analyser (n=19 only) 0.05%(0.10), p=0.046 (0.5(1.1) mmol/mol) and laboratory Tosoh G8 analyser -0.02%(0.07), p=0.171 (-0.2(0.8) mmol/mol).

Significant differences in HbA1c were apparent between laboratory/POCT methods and the IFCC SRM, all at p<0.001, Table 2, Figure 1. Small positive offsets were observed for the Bio-Rad Variant II NU analyser +0.33% HbA1c (3.6 mmol/mol) and Tosoh G8 analyser located in the diabetes centre +0.22% HbA1c (2.4 mmol/mol). For the Menarini HA8160 analyser situated in a routine hospital laboratory, there was a very small offset -0.04% HbA1c (-0.4 mmol/mol) similar to the differences observed between duplicates. There were negative biases for Primus Ultra2 affinity chromatography analyser, -0.23% HbA1c (-2.5 mmol/mol) and DCA 2000®+ immunoassay analyser, -0.13% HbA1c (-1.4 mmol/mol). These differences in bias between methods were confirmed by internal quality control results obtained for the
study and in national external quality assessment schemes. The difference in A1cNow+™
disposable, immunoassay cartridges of -0.7% HbA1c (-7.7 mmol/mol) in EDTA blood is
similar to that observed in College of American Pathologists (CAP) data for 2013 [16] and
may be attributed to the presence of EDTA. When 23 EDTA blood samples were re-measured
at the end of the study on the laboratory Tosoh G8 IE HPLC analyser after being frozen at -
70°C, the higher bias for Tosoh G8 IE HPLC analyser versus IFCC SRM was confirmed,
+0.30%(0.12) (+3.3(1.3) mmol/mol) HbA1c, p<0.001.

In Birmingham, UK, 1457 patients with impaired fasting glucose (6.1 to 6.9 mmol/L) were
referred by their family doctors for OGTT for diagnosis of diabetes with HbA1c measured on a
Tosoh G8 analyser at the diabetes centre [15]. In Melbourne, Australia, 4083 patients at risk of
diabetes for various reasons were referred for OGTT with HbA1c measured on a Bio-Rad
Variant II Turbo analyser. Patients with abnormal haemoglobins were excluded from both
datasets [15]. Figure 2 shows the effect of the small offsets identified in this study on the
prevalence of diabetes when HbA1c was measured on different IE HPLC analysers in these
two populations. Probability density plots for both the method comparison reported in this
paper and OGTT data sets, Figure 3, highlight the differences in the distributions of HbA1c for
patients with diabetes and those being diagnosed with diabetes and also the bias of the
different methods used for HbA1c measurement.

Introduction of the revised Tosoh calibrator in October 2013 resulted in a decrease in HbA1c
values as outlined in the product information sheet i.e. an offset across the range of HbA1c as
identified in the GFH Study versus the IFCC SRM. On calibrator lot (ZS2002) comparable to
that used for this paper, HbA1c was 7.5 (6.3 to 9.7)%, (58 (46 to 83) mmol/mol), median IQ
range, in 45 blood samples with minimum 5.4% (36 mmol/mol) and maximum 12.3% (111
mmol/mol) compared to 7.4 (6.2 to 9.6)%, (57 (44 to 81) mmol/mol, 5.4% (35) mmol/mol and 12.0% (108 mmol/mol), respectively, for the revised calibrator (ZS3001), \( r^2 = 0.999 \), \( p<0.0001 \). The difference (mean 1SD) between the calibrators (revised [RC] minus GFH study equivalent [PC]) was  -0.23(0.06)% or -2.5(0.6) mmol/mol, Figure 1c, with linear regression equation, \( \text{HbA}_1c[\text{RC}] = -0.044 + 0.9866 \text{HbA}_1c[\text{PC}] \) in % or \( \text{HbA}_1c[\text{RC}] = -0.797 + 0.9866 \text{HbA}_1c[\text{PC}] \) in mmol/mol. The change in assay bias on revision of the calibrator was also reflected in IQC as indicated by the additional leaflet *Calibrator and Control Values when using Calibrator lot ZS3001* that introduced new ranges for IQC issued in September 2013 by Tosoh.

CONCLUSIONS

Changes in \( \text{HbA}_1c \) of 0.5% (6 mmol/mol) to 1.0% (11 mmol/mol) or greater within a patient are considered clinically significant for the management of diabetes [22] with targets of 6.5% (48 mmol/mol) or 7.5% (58 mmol/mol) depending on circumstances. However, now that a single \( \text{HbA}_1c \) cut-point \( \geq 6.5\% \) (48 mmol/mol) is recommended for diagnosis of diabetes with pre-diabetes defined as 5.7% (39) or 6.0% (42 mmol/mol) to 6.4% (47 mmol/mol) \( \text{HbA}_1c \) [5], the criteria for assessing the performance of \( \text{HbA}_1c \) assays have changed as small variations in assay performance will result in the movement of people from one category to another.

Although routine methods for measuring \( \text{HbA}_1c \) are calibrated using the IFCC reference method, it is important to know whether there are any differences in the accuracy and imprecision of IFCC-calibrated and NGSP certified methods that will affect diagnostic procedures. In this study, the values obtained for \( \text{HbA}_1c \) from two IE HPLC laboratory analysers were significantly higher than the IFCC SRM across the range of blood samples as a constant unrelated to glycation. A small positive \( \text{HbA}_1c \) offset of 0.22% (2.4 mmol/mol) IFCC
(mean difference) was identified for the Tosoh G8 IE HPLC analyser, p<0.001, and 0.33% (3.6 mmol/mol) for Bio-Rad Variant II NU IE HPLC analyser, p<0.001, compared with the IFCC SRM. The difference between the Menarini HA8160 IE HPLC analyser located in a routine hospital laboratory was significant, p<0.001, but much smaller at -0.04% (-0.4 mmol/mol) although this is not surprising as it is the same IE HPLC analyser as that used for the IFCC SRM but calibrated using the manufacturer’s rather than IFCC SRM calibrators.

The offsets observed for particular HbA1c assays studied would result in different proportions of people being diagnosed with diabetes depending on the assay used. Translation of the positive biases observed in this study performed between 2007 and 2010 down to IFCC SRM HbA1c values in two populations presenting for OGTT would result in a lowering of the prevalence of diabetes by approximately one third i.e. from 36% to 22% for HbA1c results obtained using a Tosoh G8 analyser in Birmingham, UK and from 24% to 15% for the Bio-Rad analyser used in Melbourne, Australia, Figure 2. Since this study was performed, we have been informed that Bio-Rad adjusted their calibration to account for this positive bias as evidenced by the CAP review for 2013 [16].

For another laboratory analyser involving affinity chromatography, there was a negative difference of -0.23% (-2.5 mmol/mol) HbA1c compared with IFCC SRM, p<0.001, giving possible differences in HbA1c between routine laboratory analysers of up to 0.6% (6 mmol/mol). Use of this analyser would lead to an underestimation of the prevalence of diabetes compared with the IFCC SRM. Bias can be introduced during the calibration process despite acceptable imprecision due to matrix effects in artificial calibration materials rather than blood, Figure 3. These small differences observed between laboratory/POCT methods are within the limits of accuracy for NGSP certification.
This study is limited because only a few analysers were involved with particular batches of assay consumables and calibrators. In addition, some samples were measured at the end of the study after storage at -70°C. However, the results are in line with manufacturers’ expectations and confirmed in internal quality control and national external quality assurance schemes e.g. United Kingdom National External Quality Assessment Service (UK NEQAS) and CAP. The performance of the A1cNow™ disposable cartridges may have been be affected by EDTA as the company have since reported interference from EDTA in kit inserts published after the study was completed. This paper does not include widely used immunoassays available on routine automated clinical chemistry analysers that do not detect abnormal haemoglobins. In a recent publication comparing an immunoassay method with a Bio-Rad IE HPLC analyser, the correlation quoted was \( r^2 = 0.996 \) but readings of 9.5% (80 mmol/mol) for Bio-Rad and 8.6% (70 mmol/mol) on the Cobas c502 [23] were apparent on the scattergram.

These differences between IFCC-calibrated methods are in line with some attributed to populations in research studies without due consideration of the analyser employed for HbA\(_{1c}\) measurement [24-28]. In our previously published paper relating OGTT data to concurrent HbA\(_{1c}\) in the UK and Australia, it was unclear whether the differences in HbA\(_{1c}\) ranges quoted were related to the population, sampling or analysers [15,25]. In Birmingham, HbA\(_{1c}\) was measured using the Tosoh G8 situated in the diabetes centre (as described in this paper) and in Australia using a Bio-Rad Variant II analyser – analysers with similarly high biases versus the IFCC SRM as observed in this study. Inspection of the HbA\(_{1c}\) distribution in these two populations in Figure 2 shows how the differences between results from routine IFCC-calibrated methods would impact on the number of patients being diagnosed with diabetes [29]. Figure 3 demonstrates the requirements for the performance of HbA\(_{1c}\) assays now based on the differing populations presenting for diagnosis or treatment. It is worth noting that since
the introduction of HbA\textsubscript{1c} for diagnosis of diabetes in Birmingham in June 2012, the HbA\textsubscript{1c} workload in our hospital laboratory has increased by 75% during the year since then with only a few OGTTs being performed.

In September/October 2013, Tosoh introduced a new calibrator that revised their HbA\textsubscript{1c} values downwards, yielding results similar to the Menarini analysers in this study and the Bio-Rad IE HPLC analyser after introduction of a revised calibrator. The Tosoh IE HPLC data presented in this paper has not been realigned to the new revised calibrator but the comparison data from October 2013 shows that the bias detected in this study compared with the IFCC secondary reference method has been eliminated, Figure 1c.

In conclusion: currently there is some debate about the particular requirements for the performance of IFCC-calibrated and NGSP certified HbA\textsubscript{1c} assays for diagnostic purposes in addition to the treatment of patients with diabetes. Although using HbA\textsubscript{1c} for diagnosis has been subject to systematic review [30] following much debate about its relationship to OGTT [31,32], the methods used for HbA\textsubscript{1c} measurement are rarely discussed. Small differences i.e. offsets between IFCC-calibrated methods identified in this study across a wide range of HbA\textsubscript{1c} values would affect estimates of the prevalence of diabetes markedly. When evaluating HbA\textsubscript{1c} in individuals/populations, it is important to consider the method used for HbA\textsubscript{1c} measurement (and any revisions to calibration by the manufacturers) especially when HbA\textsubscript{1c} is being used for diagnostic purposes [33].
Acknowledgements—The funding organisations had no role in the design of the study, data collection, analysis or interpretation, or preparation of the manuscript other than diagnostic companies providing information for Table 1, and did not approve or disapprove of, or delay publication of the work.

We confirm that there are no conflicts of interest for all authors included in the manuscript.

Author Contributions
S.E.M. designed the study, obtained funding, provided supervision and wrote the manuscript; LJ.H. performed measurements, contributed to data collection and analysis; R.A.R. performed measurements, organised and contributed to data collection, reviewed, edited and contributed to the manuscript; P.W.M. organised and performed HbA1c measurements required for the introduction of the revised calibrator for the laboratory Tosoh G8 IE HPLC in September 2013; S.D.L. analysed data and reviewed, edited and contributed to the manuscript; G.D. analysed data and contributed to the manuscript; P.G.N. analysed data, reviewed, edited and contributed to the manuscript; I.M.S. designed the study, organised data collection, reviewed data analysis, reviewed, edited and contributed to the manuscript; R.C. provided supervision in the laboratory and reviewed the manuscript; S.C.L.G. designed the study, obtained funding, provided supervision and contributed to the manuscript; J.W. is the guarantor for the study, provided supervision and reviewed the manuscript.

Novo Nordisk UK Research Foundation provided the grant for the GFH study.

We would like to thank Andrea N. Gomes and Janet M. Smith for their support and helpful comments.
S.E.M. is a member of the US National Glycohemoglobin Advisory Committee for which she receives no remuneration.

Personnel

University Hospitals Birmingham NHS Foundation Trust Diabetes Centre, J. Carr-Smith, L. Chandler & A. Syed.

Laboratories: Clinical Biochemistry, University Hospitals Birmingham NHS Foundation Trust, C. Mason, H. Peat and biomedical scientists.


Clinical Biochemistry, Hull and East Yorkshire Hospitals NHS Trust, E Kilpatrick.

IFCC Secondary Reference Method Laboratory, Cas W. Weykamp, Queen Beatrix Hospital, Queen Beatrixpark 1, 7101 BN, The Netherlands.

Diagnostic companies for loan of equipment, provision of consumables and despatch costs: B. O’Dwyer (A. Menarini Diagnostics Ltd); G. Alderson (Trinity Biotech); R. Adams, R. Barker, J. Ruggiero (Bayer Healthcare); C. Spurgeon, (Siemens Healthcare Diagnostics Ltd); S. Dean, A. Freke, S. Marivoet (Tosoh Bioscience); S. DeSouza, B. Plant, J Sherman, J. Strotton (Bio-Rad Laboratories Ltd).

The study has previously been published in abstract form at Diabetes UK 2011 and American Diabetes Association, Chicago 2013.
References


10. Manley SE, Round RA, Smith JM. Calibration of HbA1c and its measurement in the


29. Manley SE, Nightingale PG, Sikaris KA, Stratton IM, Cramb R, S.C.L. Gough SCL. How should HbA1c be incorporated into the diagnostic pathway for diabetes mellitus?


Table 1—*Information on HbA1c Methods from Manufacturers and GFH study*

<table>
<thead>
<tr>
<th>Analyser</th>
<th>Principle</th>
<th>Detects variant hemoglobin</th>
<th>Conversion equation</th>
<th>Assay range</th>
<th>Manufacturer inter-assay CV*</th>
<th>Study inter-assay CV*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bayer A1cNow+™</td>
<td>Immuno-chemistry</td>
<td>No</td>
<td>NGSP = 0.0915*IFCC + 2.15</td>
<td>4% to 13%</td>
<td>20 to 119 mmol/mol</td>
<td>3.0% to 4.0%</td>
</tr>
<tr>
<td>Bio-Rad VARIANT II NU</td>
<td>IE HPLC</td>
<td>Yes</td>
<td>NGSP = 0.09148*IFCC + 2.152</td>
<td>3.1% to 18.5%</td>
<td>10 to 179 mmol/mol</td>
<td>&lt;2.0%</td>
</tr>
<tr>
<td>IFCC SRM</td>
<td>IE HPLC</td>
<td>Yes</td>
<td>NGSP = 0.0915*IFCC + 2.15</td>
<td>all physiological values</td>
<td>1.3%/1.4%</td>
<td>1.0%/0.6%</td>
</tr>
<tr>
<td>Menarini HA8160</td>
<td>IE HPLC</td>
<td>Yes</td>
<td>IFCC = (NGSP - 2.15)*10.929</td>
<td>all physiological values</td>
<td>1.3%/1.6%</td>
<td>1.0%/1.3%</td>
</tr>
<tr>
<td>Primus Ultra2</td>
<td>Affinity chromatography</td>
<td>No</td>
<td>IFCC = (NGSP - 2.15)/0.0915</td>
<td>2% to 25%</td>
<td>-2 to 250 mmol/mol</td>
<td>&lt;2.0%</td>
</tr>
<tr>
<td>Siemens DCA 2000®+</td>
<td>Immuno-chemistry</td>
<td>No but HbA1c reported for Hbs S &amp; C</td>
<td>IFCC = (10.93*NGSP – 23.50)</td>
<td>2.5% to 14.0%</td>
<td>4 to 130 mmol/mol</td>
<td>2.2% to 3.2%</td>
</tr>
<tr>
<td>Tosoh G8</td>
<td>IE HPLC</td>
<td>Yes</td>
<td>NGSP = (0.09148*IFCC) + 2.152</td>
<td>2.4% to 22.3%</td>
<td>3 to 220 mmol/mol</td>
<td>&lt;2.0%</td>
</tr>
</tbody>
</table>

*obtained from DCCT values
Table 2—Comparison of HbA1c from IFCC-calibrated Field Methods with an IFCC Reference Method, n=128

<table>
<thead>
<tr>
<th>Method</th>
<th>Median (IQ range) %</th>
<th>Minimum to maximum %</th>
<th>Mean difference (SD) %</th>
<th>r²</th>
<th>p value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>mmol/mol</td>
<td>mmol/mol</td>
<td>mmol/mol</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bayer A1cNow+™*</td>
<td>6.7 (6.1 to 7.4)</td>
<td>4.9 to 11.1</td>
<td>-0.70 (0.67)</td>
<td>0.70</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td></td>
<td>50 (43 to 57)</td>
<td>30 to 98</td>
<td>-7.7 (7.3)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bio-Rad VARIANT II NU**</td>
<td>7.8 (7.1 to 8.8)</td>
<td>5.7 to 12.3</td>
<td>0.33 (0.17)</td>
<td>0.98</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td></td>
<td>62 (54 to 73)</td>
<td>39 to 111</td>
<td>3.6 (1.9)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>IFCC SRM**</td>
<td>7.5 (6.8 to 8.4)</td>
<td>5.3 to 11.9</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>58 (51 to 68)</td>
<td>34 to 107</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Menarini HA8160**</td>
<td>7.5 (6.7 to 8.4)</td>
<td>5.3 to 12.2</td>
<td>-0.04 (0.11)</td>
<td>0.99</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td></td>
<td>58 (50 to 68)</td>
<td>34 to 110</td>
<td>-0.4 (1.2)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primus Ultra2***</td>
<td>7.3 (6.6 to 8.1)</td>
<td>5.4 to 11.3</td>
<td>-0.23 (0.28)</td>
<td>0.95</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td></td>
<td>56 (49 to 65)</td>
<td>36 to 100</td>
<td>-2.5 (3.1)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Siemens DCA 2000®+***</td>
<td>7.3 (6.7 to 8.1)</td>
<td>5.2 to 13.2</td>
<td>-0.13 (0.28)</td>
<td>0.95</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td></td>
<td>56 (50 to 65)</td>
<td>33 to 121</td>
<td>-1.4 (3.1)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tosoh G8†</td>
<td>7.8 (7.0 to 8.6)</td>
<td>5.3 to 12.2</td>
<td>0.22 (0.20)</td>
<td>0.98</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td></td>
<td>62 (53 to 70)</td>
<td>34 to 110</td>
<td>2.4 (2.2)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
*n=113 **Stored at -70°C ***Samples measured fresh or after storage at -70°C †112 samples capillary heparinised blood measured in diabetes centre and 16 samples venous EDTA blood measured in laboratory
FIGURE LEGENDS

Figure 1a
Scatterplot with linear regression lines for HbA1c measured by different IFCC-calibrated field methods and IFCC SRM, n=128.

--- IFCC SRM
- Tosoh G8
- Primus Ultra
- Menarini HA8160
- Bio-Rad VARIANT II NU
- Siemens DCA 2000²
- Bayer A1cNow+™

Figure 1b
Difference plots for HbA1c measured by IFCC-calibrated field methods versus IFCC SRM, n=128.
Colours of symbols as per Figure 1a, — zero line, --- mean difference & …. 1.96 SD

Figure 1c
Difference plot as above for Tosoh G8 IE HPLC analyser post recalibration (ZS3001) by manufacturer in September/October 2013 versus calibrator (ZS2002) with a bias equivalent to those calibrators used in the GFH Study, n=45.
Figure 2

Effects of bias of IE HPLC assays on prevalence of diabetes in patients presenting for OGTT with concurrent HbA$_1c$ in Birmingham and Australia

- 4083 Australian patients with risk factors for diabetes (Bio-Rad Variant II Turbo IE HPLC analyser)
- 1457 UK patients with impaired fasting glucose, 6.1 – 6.9 mmol/L (Tosoh G8 IE HPLC analyser)

Figure 3

Probability density functions for HbA$_1c$ in patients presenting for OGTT and from the comparison of analytical methods in patients with diabetes

Colours of symbols as per Figure 1a
Figure 1a
Figure 1b
Figure 1c
Figure 2

HbA1c (mmol/mol)

Cumulative percentage

HbA1c (%)