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Mortality prediction in chronic obstructive pulmonary disease comparing GOLD2015 and GOLD2019 staging

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Mortality prediction in chronic obstructive pulmonary disease comparing GOLD2015 and GOLD2019 staging: a pooled analysis of individual patient data

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The full comments of the reviewers are as follows:

Reviewer: 1

Comments to the Author

Castillo et al. included a large sample size to predict the mortality in GOLD 2015 vs 2019. Some major limitations are mentioned in the discussion part. Some important questions occurred while reading the manuscript:

1. Was the study registered in Clinical Trials

RESPONSE #1: Negative. The 3CIA initiative is a compilation of individually published COPD clinical cohorts which started in 2015 [Lancet Respir Med. 2015 PMID: 25995071]. In retrospect, it was the internationalization of the Spanish-based COCOMICS study, which started in 2011 and produced its first publication in 2013 [Eur Respir J. 2013 PMID: 23222874]. At that time, it was not a journal requirement to register observational studies at <https://clinicaltrials.gov> or elsewhere. However, for the record most of the individual COPD clinical cohorts are/have been registered.

2. How many patients received oxygen (LTOT)?

RESPONSE #2: As suggested, we attach the data on the number and percentage of patients receiving long term oxygen therapy.

3. Can you provide pCO₂ values in table 1.

RESPONSE #3: Regrettably, our protocol requested a set of core variables that did not include pCO₂ or any blood gases

4. Do you have data for emphysema or hyperinflation since this was described as predictors for mortality (Budweiser et al Journal of COPD Vol 11 2014)

RESPONSE #4: Similar to RESPONSE #3, same applied to CT-scan for the entire pooled 3CIA database

5. Is an inclusion bias possible since the inclusion of the centers seemed to be pretty different- please comment and add some data if the inclusion is driven by a small number of centers.

RESPONSE #5: We kindly differ with Reviewer 1, as the small number of centres (22 cohorts of eleven countries) might be a restriction of representativity, but not a bias (neither selection, information nor confounding). However, the following text has been included in Limitations, page 13:

“... or a primary care population. *Indeed, the 22 cohorts from eleven countries in 3CIA within our initiative are only a sample representing the estimated 300 million COPD patients worldwide [new ref: Lancet Respir Med. 2020 Jun;8(6):585-596. doi: 10.1016/S2213-2600(20)30105-3. PMID: 32526187]* Finally, the recruitment timeframe was long (10 years), so evolving treatment recommendations might influence results.”

6. How did you define exacerbation- was the same definition used for every center? (page 7 line 6)

RESPONSE #6: Thanks for allowing us to highlight this most critical issue. We have identified a related, recent ERJ Open Res paper, and the following paragraph is now included in Discussion, page 10:

“... *How to define and stage COPD exacerbations is a matter of an intense, long debate [new ref: Mathioudakis AG, Moberg M, Janner J, Alonso-Coello P, Vestbo J. Outcomes reported on the management of COPD exacerbations: a systematic survey of randomised controlled trials. ERJ Open Res. 2019 May 10;5(2):00072-2019. doi: 10.1183/23120541.00072-2019. PMID: 31111041]. Most 3CIA individual cohorts used subsequent iterations of GOLD-accepted definitions in their protocols, mostly based on Rodriguez-Roisin R, et al. seminal paper [new ref: Rodriguez-Roisin R. Toward a consensus definition for COPD exacerbations. Chest. 2000 May;117(5 Suppl 2):398S-*

401S. doi: 10.1378/chest.117.5_suppl_2.398s. PMID: 10843984.] including mild (symptom-only) exacerbations. However, when pooling for 3CIA, we only focused on those COPD exacerbations that required health services use, ER, admission or death.”

7. Since the comorbidities are missing mortality is a difficult approach from my perspective- please comment.

RESPONSE #7: In our study, we showed the number and percentage of patients with COPD who present comorbidities such as hypertension, diabetes mellitus, cardiac disease or asthma.

8. What is the clinical impact of the displayed data? Would the data influence your clinical decisions?

RESPONSE #8: Candidly, see our paragraphs on research relevance in pages 8 and 9. Indeed, ... “the implication of progressively milder disease classifications for the treatment choices clinicians make in real life practice guided by GOLD is not yet clear, but will be important to monitor”.

9. What is your suggestion to define a more precise prediction scale for mortality.

RESPONSE #9: The following text and references has been included in Discussion, page 13:

“... Ours should be considered a constructive exercise and a critical appraisal of the last two GOLD iterations defining COPD. Within 3CIA, we have already suggested several proposals for future COPD staging and grading classifications, by applying more evidence-based thresholds of evidence-based variables. [New references.]”

New references:

Almagro P, Martínez-Cambor P, Miravittles M, Rodríguez-Carballeira M, Navarro A, Lamprecht B, Ramirez-Garcia Luna AS, Kaiser B, Alfageme I, Casanova C, Esteban C, Soler-Cataluña JJ, de-Torres JP, Celli BR, Marin JM, Ter Riet G, Sobradillo P, Lange P, Garcia-Aymerich J, Anto JM, Turner AM, Han MK, Langhammer A, Sternberg A, Leivseth L, Bakke P, Johannessen A, Oga T, Cosío B, Ancochea J, Echazarreta A, Roche N, Burgel PR, Sin DD, Puhan MA, Soriano JB; 3CIA collaboration. External Validation and Recalculation of the CODEX Index in COPD Patients. A 3CIAplus Cohort Study. COPD. 2019 Feb;16(1):8-17. doi: 10.1080/15412555.2018.1484440. Epub 2019 Mar 14. PMID: 30870059

Guerra B, Haile SR, Lamprecht B, Ramirez AS, Martinez-Cambor P, Kaiser B, Alfageme I, Almagro P, Casanova C, Esteban-González C, Soler-Cataluña JJ, de-Torres JP, Miravittles M, Celli BR, Marin JM, Ter Riet G, Sobradillo P, Lange P, Garcia-Aymerich J, Antó JM, Turner AM, Han MK, Langhammer A, Leivseth L, Bakke P, Johannessen A, Oga T, Cosío B, Ancochea-Bermúdez J, Echazarreta A, Roche N, Burgel PR, Sin DD, Soriano JB, Puhan MA; 3CIA collaboration. Large-scale external validation and comparison of prognostic models: an application to chronic obstructive pulmonary disease..BMC Med. 2018 Mar 2;16(1):33. doi: 10.1186/s12916-018-1013-y. PMID: 29495970

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Soriano JB, Lamprecht B, Ramirez AS, Martinez-Cambor P, Kaiser B, Alfageme I, Almagro P, Casanova C, Esteban C, Soler-Cataluña JJ, de-Torres JP, Miravittles M, Celli BR, Marin JM, Puhan MA, Sobradillo P, Lange P, Sternberg AL, Garcia-Aymerich J, Turner AM, Han MK,

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3 *Langhammer A, Leivseth L, Bakke P, Johannessen A, Roche N, Sin DD. Mortality prediction in*
4 *chronic obstructive pulmonary disease comparing the GOLD 2007 and 2011 staging systems: a*
5 *pooled analysis of individual patient data. Lancet Respir Med. 2015 Jun;3(6):443-50. doi:*
6 *10.1016/S2213-2600(15)00157-5. Epub 2015 May 17.PMID: 25995071*
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9 Please add some thoughts in the discussion.

10 **RESPONSE #10:** We have significantly expanded our Discussion section with the clarifications
11 previously exposed and 8 new references
12

13 Associate Editor: Andreas, Stefan

14 Comments to the Author:

15 The mortality data on GOLD 2015 vs 2019 classification are well presented in a large, international
16 cohort. Please add in table 4: Accuracy for predicting mortality...

17 **RESPONSE #11:** As requested, we modify the table 4 title.
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For Review Only

Mortality prediction in chronic obstructive pulmonary disease comparing the GOLD 2015 and GOLD 2019 staging: a pooled analysis of individual patient data

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Mortality prediction in chronic obstructive pulmonary disease comparing the GOLD 2015 and GOLD 2019 staging: a pooled analysis of individual patient data

Abstract

In 2019, The Global Initiative for Chronic Obstructive Lung Disease (GOLD) modified the grading system for patients with chronic obstructive pulmonary disease (COPD) creating 16 subgroups (1A-4D). As part of the COPD Cohorts Collaborative International Assessment (3CIA) initiative, we aim to compare mortality prediction of 2015 and 2019 COPD GOLD staging systems.

We studied 17 139 COPD patients from the 3CIA study, selecting those with complete data. Patients were classified by the 2015 and 2019 GOLD ABCD systems and we compared the predictive ability for 5-year mortality of both classifications.

17 139 patients with COPD were enrolled in 22 cohorts of 11 countries between 2003 to 2017; 8 823 of them had complete data and were analyzed. Mean age was 63.9 years (SD 9.8) and 62.9% were male. GOLD 2019 classified the patients in milder degrees of COPD. For both classifications, group D had higher mortality. Five-year mortality did not differ between groups B and C in GOLD 2015; in GOLD 2019, mortality was greater for group B than C. Patients classified as group A and B had better sensitivity and positive predictive value with GOLD 2019 classification than GOLD 2015. GOLD 2015 had better sensitivity for group C and D than GOLD 2019. The AUC for 5-year mortality were only 0.67 (95% CI 0.66-0.68) for GOLD 2015 and 0.65 (95% CI 0.63-0.66) for GOLD 2019.

The new GOLD 2019 classification does not predict mortality better than the previous GOLD 2015 system.

Take Home message:

GOLD 2019 staging system created 16 subgroups

GOLD 2015 and GOLD 2019 are not strong predictors of mortality and don't have sufficient discriminatory power to be used as a tool for risk classification of mortality in patients with COPD

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For Review Only

Introduction

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3 Chronic obstructive pulmonary disease (COPD) is a common cause of morbidity and
4 mortality in the world. COPD affects approximately 328 million people worldwide, and COPD
5 related deaths amount to 4 million deaths every year^[1]. Assessment of disease severity is essential
6 to predict prognosis and to standardize treatment regimes. The Global Initiative for Chronic
7 Obstructive Lung Disease (GOLD) document is the most widely used treatment guide for the
8 staging and management of COPD. The GOLD grading system for COPD has significantly
9 evolved since first publication in 2001 to the current version in 2019. Initially, in the GOLD 2007
10 classification, only post-bronchodilator airflow limitation based on spirometry forced expiratory
11 volume in 1 second (FEV₁) was used to grade the severity of COPD^[2]. Later on, some criticism
12 arosed on this grading score because it relied only upon FEV₁ which is not a good predictor of
13 dyspnoea, quality of life or exercise tolerance. Further, other important variables to evaluate
14 prognosis in COPD, such as sub-phenotypes, exacerbations, dyspnoea severity or comorbidities
15 have been proposed, among others. Therefore, GOLD 2011 proposed a classification system of
16 four groups, ABCD, combining FEV₁ and two clinical parameters: history of exacerbations and
17 respiratory symptoms measured by the modified Medical Research Council (mMRC) dyspnoea
18 score, or the COPD Assesment Test score (CAT) ^[3]. The 2011 ABCD classification was
19 considered an improvement in the management of patients with COPD, providing an opportunity
20 to further guide the individualized care of these patients. GOLD 2011 predicted future
21 exacerbations better than GOLD 2007 but there was no difference in mortality predictions or
22 respiratory outcomes ^[4-7]. In 2015 an updated report was published with the same measurement
23 parameters (FEV₁, dyspnoea and exacerbations) than 2011 classification^[8].

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48 The latest GOLD update, published in 2019 uses a composite of spirometry, symptoms
49 and exacerbations, but importantly separating the spirometric 1-4 staging from the ABCD
50 groups^[9]. This separation is relevant because it is known there are differences in the rate of
51 exacerbations for the most severe COPD patients, depending on whether the risk is based on
52 pulmonary function tests, on the history of exacerbations or both^[10]. All these classifications were
53 initially designed not to assess prognosis, but to aid clinicians in creating optimal treatment
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3 regimes for patients. Thus, the prognostic ability of GOLD 2019 compared to previous
4 classifications is largely unknown, with only a few published studies^[11,12]. To address this issue,
5 we used pooled data from 17,139 patients of 22 COPD cohorts and eleven countries and compared
6 the prognostic capacity of the 2019 versus 2015 GOLD staging classifications to predict mortality.
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10 11 12 13 **Methods**

14 Study population

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18 In this international study, we assessed 17,139 patients from the COPD Cohorts
19 Collaborative International Assessment (3CIA) initiative. All were prospective cohorts that
20 recruited patients within the period 1999 to 2017, except one of them that was a population based
21 cohort. All patients had a definition of COPD characterized by spirometry, that is post-
22 bronchodilator FEV₁ to forced vital capacity ratio (FVC) ratio less than 0.7 and a clinical
23 diagnosis of COPD. Spirometry was performed using the standards provided by the American
24 Thoracic Society and European Respiratory Society^[13]. The primary investigators of each of the
25 participating 3CIA cohorts provided individual patient's data for pooled analysis. We obtained a
26 minimum individual dataset including the vital status (up to death, right truncation or 2017), age,
27 sex, smoking status, pre-bronchodilator and post-bronchodilator FEV₁ and FVC and dyspnoea
28 measured with the modified mMRC, among others^[14]. Only in a number of 3CIA cohorts were
29 data of number of exacerbations in the previous year available. For the current study, we selected
30 exclusively those cohorts in which the number of exacerbations in the previous year were
31 available in the database, since this variable is required to calculate the GOLD 2015 and 2019
32 grading systems. Fifteen out of a total of 22 cohorts contained data on history of exacerbations,
33 so that the final number of patients available to be classified according to GOLD 2015 and GOLD
34 2019 was 8,823. Symptoms were assessed using the mMRC dyspnoea scale. To determine the
35 risk descriptor in the 2015 grouping system, we used exacerbations history and GOLD spirometry
36 stages. The combination of symptoms (mMRC) and the worse risk descriptor (spirometry or
37 exacerbation history) were used to classify patients by GOLD 2015 system. Participants were
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3 classified using the GOLD 2019 system into four grades (1-4) based on postbronchodilator FEV₁
4 percentage of prediction as stage 1 (FEV₁ ≥ 80), stage 2 (FEV₁ 79-50), stage 3 (FEV₁ 30-49) and
5 stage 4 (FEV₁ < 30). Groups ABCD were defined by self-reported severity of dyspnea (mMRC)
6 and number of exacerbations in the previous year.
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11 All participants provided informed written consent, and each study was conducted with
12 the formal approval of the local ethics institutional committees following the principles of the
13 Declaration of Helsinki.
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20 Outcomes

21 The primary outcome was the prediction ability of all-cause mortality in the individuals
22 by the two GOLD systems.
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28 Statistical analysis

29 The 3CIA database manager quality-controlled all data centrally and created a clean
30 database with a data dictionary. All implausible or missing variables were queried with the
31 original study investigators, and datum were removed from the central database if errors could
32 not be corrected. Because the cohorts had different follow-up times, patients were right-censored
33 at five years of follow-up.
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40 Descriptive statistics used mean and standard deviation for continuous variables and the
41 number of cases and percentages for categorical variables. Comparisons between groups were
42 performed with the Chi² - test for categorical variables and the T-test for continuous variables.
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47 We estimated 5-year all-cause mortality, according to GOLD 2015 and 2019 staging
48 systems, using Kaplan-Meier survival statistics. Statistical comparisons were performed using the
49 Log-Rank test Receiver Operation Characteristic (ROC) curve analyses, area under the curve
50 (AUC) and the 95% CI of the AUC were calculated to measure the predictive accuracy for
51 mortality. Also, we compared the prediction ability of mortality on both classifications using
52 sensitivity, positive predictive value and the Youden's index with Epidat 3.1 program.
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Results

We pooled data from 22 COPD cohorts with a total of 17,139 patients, finally including 8,823 patients from 15 cohorts that had all complete variables to be classified as GOLD 2015 and GOLD 2019. A comparison of baseline characteristics of included and not included patients is presented in Table 1. There were statistically significant differences in many variables given the large size, but most should be considered not clinically relevant (Table 1).

The 8,823 included patients were 62.9% male, with a mean age of 63.9 (SD± 9.8) years, mean±SD BMI 27.0±5.8 kg/m² and mMRC dyspnoea score of 1.8±1.4. Postbronchodilator FEV₁ was 54.8%±22.3 of the predictive value, and 6-minute walk distance was 376.9±129.1 meters. Based on spirometry staging 1,153 (13%) had mild (stage 1), 3,711 (42.1%) had moderate (stage 2), 2,654 (30.1%) had severe (stage 3) and 1,301 (14.8%) had very severe (stage 4) disease.

The distribution of these 8,823 patients according to GOLD 2015 and GOLD 2019 is presented in Figure 1. With GOLD 2019 there is a shift towards the less severe staging of disease (absolute increase in stage A and B of 7.8% and 22.2% respectively; and absolute decrease in stage C and D of 7.8 and 22.2% respectively).

The overall 5-year mortality rate was 18.3%. The all-cause 5-year mortality rates according to both classifications are shown in Table 2. Figure 2 shows Kaplan-Meier curves for 5-year mortality according to GOLD 2015 (Figure 2A) and GOLD 2019 (Figure 2B). All-cause mortality at 5 years in the 2015 GOLD classification was higher in grade D, followed by grades B, C (with similar mortality), and finally grade A, log-rank test $p < 0.001$ (Table 2 and Figure 2A). Grade D diverged from the beginning of follow up, while grades B and C diverged after 1 year of follow-up. In GOLD 2019, the four Kaplan-Meier curves diverge during the first year, but interestingly, grade B had higher mortality than grade C, so mortality was higher in groups B and D (more symptoms) than in groups A and C (fewer symptoms; Figure 2B). The degree of obstruction measured by FEV₁ % further subclassified patients into 16 subgroups with different mortality rates, increasing from 1A to 4D in GOLD 2019 grading system (Table 3). Figure 3 shows Kaplan-Meier curves for each of the spirometry strata. The higher mortality of group B over group C persisted in each of the strata with the exception of spirometry strata 1, with a higher

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3 mortality in group C. Similarly to GOLD 2015, in GOLD 2019, grade A and D had the lowest
4 and highest mortality, respectively, with very similar absolute numbers (Table 2, Figure 2).

7 The primary outcome, the prediction capacity as measured by the AUC of ROC curve for
8 mortality up to 5 years was intermediate (<0.70) for both systems (Figure 4). GOLD 2015
9 exhibited slightly better discrimination in predicting mortality (AUC 0.67 [95% CI 0.66-0.68])
10 than GOLD 2019 classification (AUC 0.64 [95% CI 0.63-0.66]).

16 Regarding sensitivity parameters, both classifications had quite shallow values. GOLD
17 2019 had a higher sensitivity for predicting mortality on A and B groups vs 2015 classification
18 (19.1 vs 11.1 and 43.6 vs 11.6). On the other hand, GOLD 2015 had a higher sensitivity on groups
19 C and D vs 2019 classification (14.6 vs 6.6 and 62.5 vs 30.6) based on overlapping 95% CIs
20 (Table 4). The positive predictive values were also higher in GOLD 2019 group A and B vs the
21 same groups in GOLD 2015 (9.5 vs. 6.9 and 21.2 vs. 13.3); but not different (overlapping
22 confidence intervals) in groups C and D. The Youden indices were quite low for both
23 classifications, even with negative values, showing that it is not an optimal classification system
24 to assess mortality.

37 Discussion

39 Our study evaluates mortality according to the last two GOLD classifications, and it is
40 one of the most extensive to date. The most important finding is that the new GOLD 2019
41 classification (based on symptoms or exacerbations along with stages spirometry analysed
42 altogether) did not predict 5-year mortality better than GOLD 2015 classification (based on
43 spirometry, history of exacerbation and symptoms). How to define and stage COPD exacerbations
44 is a matter of an intense, long debate^[15]. Most 3CIA individual cohorts used subsequent iterations
45 of GOLD-accepted definitions in their protocols, mostly based on Rodriguez-Roisin R, et al.
46 seminal paper^[16], including mild (symptom-only) exacerbations. However, when pooling for
47 3CIA, we only focused on those COPD exacerbations that required health services use, ER,
48 admission or death. In GOLD 2019 classification, subgroups B and D had the worse mortality,
49 highlighting that the higher burden of symptoms conveys a higher mortality independently of
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3 spirometry (Table 2 and Figure 2B). Finally, we show an important shift in the proportions of
4 patients between the 2015 and 2019 ABCD grades, with milder severity in GOLD 2019.
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7 GOLD 2015 and GOLD 2019 classifications had a low discriminatory power as per the
8 AUCs, ranging from 0.67 to 0.65, and similar to other studies (by consensus, AUC below 0.70
9 are considered low or weak)^[11]. Sensitivity and positive predictive values indicate that the general
10 performance of the two models is similar and very low. Also, the Youden's indices are very low
11 with negative values that have no meaningful interpretation in practice. These findings support
12 the results of other studies, suggesting that GOLD classification is not a good predictor for
13 mortality^[11-12]. There may be various reasons for these poor results. The main reason is that these
14 classifications were conceived to guide treatment, so it is not surprising that their capacity for
15 predicting mortality is low. There are clinical phenotypes such as the asthma-COPD, the frequent
16 exacerbator with emphysema or chronic bronchitis comorbidities and different indexes, that are
17 significant predictors of mortality and are not entirely included in the GOLD stages^[17-21]. In our
18 study, sensitivity and positive predictive value are higher in GOLD 2019 groups A and B. On the
19 contrary, sensitivity is higher in GOLD 2015 in groups C and D. These results suggest that GOLD
20 2019 predicts slightly better mortality on low risk groups (A and B) and GOLD 2015 in high risk
21 groups (C and D), requiring more studies to corroborate it.
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39 The discriminatory power of GOLD 2019 was lower than GOLD 2015 as shown in AUCs
40 values. The partition of FEV₁ as a direct classifier in GOLD 2019 reduced ability to discriminate
41 survival, highlighting the need to consider the severity of airflow obstruction in assessing
42 mortality risk. When using GOLD 2019 with a composite of spirometry, exacerbations and
43 symptoms (16 subgroups 1A to 4D classification), we found an increase in all-cause mortality
44 between GOLD 2019 stage 1 and GOLD 2019 stage 4 across grades A, B and D, highlighting the
45 persisting importance of FEV₁ as a predictor of mortality (Table 3 and Figure 3). In group C,
46 mortality was higher in spirometry stage 1 than in 2, probably due to a significant difference of
47 the proportion in patients between the two stages.
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3 Our study confirms that patients classified as GOLD A had the best survival, and patients
4 with GOLD D, the higher mortality in both classifications^[22-24]. Mortality of groups B and C in
5 GOLD 2015 lied in between A and D groups and often overlapped. In GOLD 2019 mortality was
6 significantly higher in group B patients than in group C. This finding is similar as other previous
7 reports published^[25-27], showing that group B is an intermediate-high risk group associated with
8 more exacerbations and likely to other comorbidities that may cause dyspnoea (such as heart
9 failure). Furthermore, we show that the burden of symptoms (represented by groups B and D)
10 have a prognostic value additive but independent to spirometry.
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20 The current study demonstrates that the use of GOLD 2019 classification scheme shifted
21 patients with COPD to groups of milder severity compared with GOLD 2015. This happened in
22 keeping with previous reports, but in a smaller proportion of patients (30% of patients reassigned
23 towards group A or B compared to 53% in Lee et al study or 66% in Tan et al study)^[28-29]. The
24 further distribution of spirometric parameters from two categories in GOLD 2015 (FEV₁ less or
25 higher than 50%) to four categories in GOLD 2019, was one of the possible reasons for the
26 patient's shift from C and D in GOLD 2015 to A and B groups in GOLD 2019. This phenomenon
27 is opposed to the one observed with the use of the revised GOLD 2011 classification, which
28 shifted the patients from the GOLD 2007 towards more advanced stages of the disease (D group
29 increased almost 3 times)^[7]. Remarkably, in both classifications, group C was consistently the
30 smallest group (Figure 1), as seen in other reports^[27]. The implication of progressively milder
31 disease classifications for the treatment choices clinicians make in real life practice guided by
32 GOLD is not yet clear given the recent nature of the latest GOLD iteration, but will be important
33 to monitor.
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50 Strength of our study include a large sample size, the study design (a pooled-analysis of
51 individual patient-data from several cohorts), and the different degrees of severity of patients from
52 different cohorts, maximizing its high external validity. Prospective data collection of spirometry
53 with a post-bronchodilator test, dyspnea by mMRC scale, history of exacerbation and mortality
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3 enabled direct classification of patients by 2015 and 2019 GOLD staging schemes. We also have
4 a significant representation of women, of which other COPD studies might not have achieved^[30].
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6 Our study has several limitations. First, although we started with 17,139 patients with COPD, a
7 considerable number of patients were excluded because of missing information on key variables,
8 mainly regarding the history of exacerbations. These missing data are unlikely to affect the
9 validity of our results, as we can see in our analysis comparing included and non-included
10 patients. Second, the mortality analysis used all-cause death, and we have no data regarding
11 specific causes of death (this data was not collected consistently in all cohorts). Third, symptoms
12 were only evaluated using mMRC dyspnea score, but not with the COPD Assessment Test, or
13 other instruments^[31]; however, that is in line with other reported cohorts^[32-33]. Fourth, most
14 patients came from hospital-based cohorts, so we likely have more patients with moderate to
15 severe disease and less patients with mild and moderate disease compared to an outpatient setting,
16 or a primary care population. Indeed, the 22 cohorts from eleven countries in 3CIA within our
17 initiative are only a sample representing the estimated 300 million COPD patients worldwide^[34].
18 Finally, the recruitment timeframe was long (10 years), so evolving treatment recommendations
19 might influence results.

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22 In conclusion, this study of COPD cohorts, including 8823 patients, showed that neither GOLD
23 2015 nor GOLD 2019 are strong predictors of mortality. GOLD 2019 predicted mortality better
24 than GOLD 2015 in groups A and B but worse in groups C and D. However, none of the GOLD
25 classifications has sufficient discriminatory power to be used as a tool for risk classification of
26 mortality in patients with COPD. Ours should be considered a constructive exercise and a critical
27 appraisal of the last two GOLD iterations defining COPD. Within 3CIA, we have already suggested
28 several proposals for future COPD staging and grading classifications, by applying more evidence-
29 based thresholds of evidence-based variables [35-39].
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Declaration of interest

There are no direct or indirect conflicts of interest to disclose related with this manuscript

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	Excluded (n=8316)	Included (n=8823)	p-value
Age (years)	64.2 ± 10.7	63.9 ± 9.8	0.08
Male sex	6232 (74.9%)	5552 (62.9%)	< 0.001
BMI	26.5 ± 4.9	27.0 ± 5.8	< 0.001
Modified MRC dyspnea scale	1.5 ± 1.3	1.8 ± 1.4	< 0.001
0	1647 (23.4%)	1957(22.2%)	< 0.001
1	2261(32.1%)	1886(21.4%)	
2	1641(23.3%)	1772(20.1%)	
3	688(9.8%)	1951(22.1%)	
4	805(11.4%)	1257(14.3%)	
Six-minute walk distance (meters)	415.4 ± 108.8	376.9 ± 129.1	< 0.001
FEV ₁ post BD (ml)	1.7 ± 0.7	1.6 ± 0.8	< 0.001
FEV ₁ post BD (%)	60.8 ± 22.1	54.8 ± 22.3	< 0.001
Smoker			< 0.001
Former	3989 (49.1%)	5392 (61.4%)	< 0.001
Current	3589 (44.2%)	3174 (36.1%)	
Never	542 (6.7%)	222 (2.5%)	
Pack-years	46.4 ± 28.8	42.1 ± 28.3	< 0.001
Cough	1103 (54.2%)	342 (43.9%)	< 0.001
Sputum	1159 (42.1%)	341 (43.9%)	0.353
Diabetes	354 (6.7%)	303(16.6%)	< 0.001
Cardiac disease	1072 (30.8%)	467 (25.9%)	< 0.001
Chronic bronchitis	166 (38.7%)	787 (69.5%)	< 0.001
Hypertension	454 (40.4%)	826 (44.8%)	0.028

TABLES

Asthma	1243 (26.1%)	209 (10.7%)	< 0.001
Spirometry staging			< 0.001
1	1567(19%)	1153(13.1%)	
2	3892(47.1%)	3711(42.1%)	
3	2126(25.8%)	2654(30.1%)	
4	671(8.1%)	1301(14.8%)	
Long term oxygen therapy	119 (1.4%)	430 (4.8%)	0.259

Table 1:

Comparison of demographic and clinical characteristics in 3CIA COPD patients included/excluded in this analysis

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Data are n (%), mean (SD) or median (IQR). BMI: Body mass index (kg/m²). MRC: Medical Research Council. FEV₁: forced expiratory volume in 1 second. BD: bronchodilator.

Table 2: Mortality risk among COPD patients according to GOLD 2019 and GOLD 2015 classifications

	GOLD 2015 5-year mortality	GOLD 2019 5-year mortality
Group A	5.8 %	7.5 %
Group B	13.8 %	23.2 %
Group C	14.1 %	14.8 %
Group D	30.8 %	32.8 %

Table 3: Five-year all-cause mortality among spirometry strata within GOLD 2019 ABCD classification

GOLD 2019	A	B	C	D
Spirometry I	3.4 %	9.8 %	16.2 %	5.5 %
Spirometry II	7 %	14.9 %	8.3 %	22.1 %
Spirometry III	13 %	23.7 %	17.7 %	32.6 %
Spirometry IV	16.7 %	39.1 %	29.5 %	46 %

Table 4: Accuracy for predicting mortality of the ABCD groups classifications by GOLD 2015 and GOLD 2019 schemes

CLASSIFICATION	Sensitivity (% 95 CI)	PPV (% 95 CI)	Indice de Youden (95% CI)
GOLD 2015 group A	11.1 (9.6-12.7)	6.9 (5.9-7.9)	- 0.23 (-0.25 – -0.22)
GOLD 2015 group B	11.6 (10-13,2)	13.3 (11.5-15.1)	-0.06 (-0.08 – -0.04)
GOLD 2015 group C	14.6 (12.8-16.4)	20.2 (17.9-22.6)	+0.01 (-0.01 – +0.03)
GOLD 2015 group D	62.5 (60.1-64.9)	29.5 (28-31.1)	+0.28 (+0.25 – +0.31)
GOLD 2019 group A	19.1 (17.2-21.1)	9.5 (8.4-10.5)	-0.23 (-0.25 – -0.21)
GOLD 2019 group B	43.6 (41.1-46.1)	21.2(19.8-22.6)	+0.06 (+0.03 – +0.09)
GOLD 2019 group C	6.6 (5.3-7.8)	21.7 (18-25.5)	+0.01 (0.0 – +0.02)
GOLD 2019 group D	30.6 (28.3-32.8)	32.8 (30.4-35.2)	+0.16 (+0.14 – +0.18)

PPV: Positive predictive value. CI: confidence interval

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TABLES AND FIGURES:

Table 1: Comparison of demographic and clinical characteristics in 3CIA COPD patients included/excluded in this analysis

Table 2: Mortality risk among COPD patients according to GOLD 2019 and GOLD 2015 classifications

Table 3: Five-year all-cause mortality among spirometry strata within GOLD 2019 ABCD classification

Table 4: Accuracy for predicting mortality of the ABCD groups classifications by GOLD 2015 and GOLD 2019 schemes

Figure 1: Distribution of participants by classification in GOLD 2015 and GOLD 2019

Figure 2: Kaplan- Meier survival curves by GOLD 2015 and GOLD 2019

Figure 3: Kaplan- Meier survival curves by GOLD 2019 and spirometry subgroups (IA-IVD)

Figure 4: Receiver operating curves for all cause mortality at 5 years follow-up

Mortality prediction in chronic obstructive pulmonary disease comparing the GOLD 2015 and GOLD 2019 staging: a pooled analysis of individual patient data

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Mortality prediction in chronic obstructive pulmonary disease comparing the GOLD 2015 and GOLD 2019 staging: a pooled analysis of individual patient data

Abstract

In 2019, The Global Initiative for Chronic Obstructive Lung Disease (GOLD) modified the grading system for patients with chronic obstructive pulmonary disease (COPD) creating 16 subgroups (1A-4D). As part of the COPD Cohorts Collaborative International Assessment (3CIA) initiative, we aim to compare mortality prediction of 2015 and 2019 COPD GOLD staging systems.

We studied 17 139 COPD patients from the 3CIA study, selecting those with complete data. Patients were classified by the 2015 and 2019 GOLD ABCD systems and we compared the predictive ability for 5-year mortality of both classifications.

17 139 patients with COPD were enrolled in 22 cohorts of 11 countries between 2003 to 2017; 8 823 of them had complete data and were analyzed. Mean age was 63.9 years (SD 9.8) and 62.9% were male. GOLD 2019 classified the patients in milder degrees of COPD. For both classifications, group D had higher mortality. Five-year mortality did not differ between groups B and C in GOLD 2015; in GOLD 2019, mortality was greater for group B than C. Patients classified as group A and B had better sensitivity and positive predictive value with GOLD 2019 classification than GOLD 2015. GOLD 2015 had better sensitivity for group C and D than GOLD 2019. The AUC for 5-year mortality were only 0.67 (95% CI 0.66-0.68) for GOLD 2015 and 0.65 (95% CI 0.63-0.66) for GOLD 2019.

The new GOLD 2019 classification does not predict mortality better than the previous GOLD 2015 system.

Take Home message:

GOLD 2019 staging system created 16 subgroups

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3 GOLD 2015 and GOLD 2019 are not strong predictors of mortality and don't have sufficient
4 discriminatory power to be used as a tool for risk classification of mortality in patients with COPD
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Introduction

Chronic obstructive pulmonary disease (COPD) is a common cause of morbidity and mortality in the world. COPD affects approximately 328 million people worldwide, and COPD related deaths amount to 4 million deaths every year^[1]. Assessment of disease severity is essential to predict prognosis and to standardize treatment regimes. The Global Initiative for Chronic Obstructive Lung Disease (GOLD) document is the most widely used treatment guide for the staging and management of COPD. The GOLD grading system for COPD has significantly evolved since first publication in 2001 to the current version in 2019. Initially, in the GOLD 2007 classification, only post-bronchodilator airflow limitation based on spirometry forced expiratory volume in 1 second (FEV₁) was used to grade the severity of COPD^[2]. Later on, some criticism arose on this grading score because it relied only upon FEV₁ which is not a good predictor of dyspnoea, quality of life or exercise tolerance. Further, other important variables to evaluate prognosis in COPD, such as sub-phenotypes, exacerbations, dyspnoea severity or comorbidities have been proposed, among others. Therefore, GOLD 2011 proposed a classification system of four groups, ABCD, combining FEV₁ and two clinical parameters: history of exacerbations and respiratory symptoms measured by the modified Medical Research Council (mMRC) dyspnoea score, or the COPD Assessment Test score (CAT)^[3]. The 2011 ABCD classification was considered an improvement in the management of patients with COPD, providing an opportunity to further guide the individualized care of these patients. GOLD 2011 predicted future exacerbations better than GOLD 2007 but there was no difference in mortality predictions or respiratory outcomes^[4-7]. In 2015 an updated report was published with the same measurement parameters (FEV₁, dyspnoea and exacerbations) than 2011 classification^[8].

The latest GOLD update, published in 2019 uses a composite of spirometry, symptoms and exacerbations, but importantly separating the spirometric 1-4 staging from the ABCD groups^[9]. This separation is relevant because it is known there are differences in the rate of exacerbations for the most severe COPD patients, depending on whether the risk is based on pulmonary function tests, on the history of exacerbations or both^[10]. All these classifications were

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3 initially designed not to assess prognosis, but to aid clinicians in creating optimal treatment
4 regimes for patients. Thus, the prognostic ability of GOLD 2019 compared to previous
5 classifications is largely unknown, with only a few published studies^[11,12]. To address this issue,
6 we used pooled data from 17,139 patients of 22 COPD cohorts and eleven countries and compared
7 the prognostic capacity of the 2019 versus 2015 GOLD staging classifications to predict mortality.
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16 **Methods**

17 Study population

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20 In this international study, we assessed 17,139 patients from the COPD Cohorts
21 Collaborative International Assessment (3CIA) initiative. All were prospective cohorts that
22 recruited patients within the period 1999 to 2017, except one of them that was a population based
23 cohort. All patients had a definition of COPD characterized by spirometry, that is post-
24 bronchodilator FEV₁ to forced vital capacity (FVC) ratio less than 0.7 and a clinical
25 diagnosis of COPD. Spirometry was performed using the standards provided by the American
26 Thoracic Society and European Respiratory Society^[13]. The primary investigators of each of the
27 participating 3CIA cohorts provided individual patient's data for pooled analysis. We obtained a
28 minimum individual dataset including the vital status (up to death, right truncation or 2017), age,
29 sex, smoking status, pre-bronchodilator and post-bronchodilator FEV₁ and FVC and dyspnoea
30 measured with the modified mMRC, among others^[14]. Only in a number of 3CIA cohorts were
31 data of number of exacerbations in the previous year available. For the current study, we selected
32 exclusively those cohorts in which the number of exacerbations in the previous year were
33 available in the database, since this variable is required to calculate the GOLD 2015 and 2019
34 grading systems. Fifteen out of a total of 22 cohorts contained data on history of exacerbations,
35 so that the final number of patients available to be classified according to GOLD 2015 and GOLD
36 2019 was 8,823. Symptoms were assessed using the mMRC dyspnoea scale. To determine the
37 risk descriptor in the 2015 grouping system, we used exacerbations history and GOLD spirometry
38 stages. The combination of symptoms (mMRC) and the worse risk descriptor (spirometry or
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3 exacerbation history) were used to classify patients by GOLD 2015 system. Participants were
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5 classified using the GOLD 2019 system into four grades (1-4) based on postbronchodilator FEV₁
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7 percentage of prediction as stage 1 (FEV₁ ≥ 80), stage 2 (FEV₁ 79-50), stage 3 (FEV₁ 30-49) and
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9 stage 4 (FEV₁ < 30). Groups ABCD were defined by self-reported severity of dyspnea (mMRC)
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11 and number of exacerbations in the previous year.
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14 All participants provided informed written consent, and each study was conducted with
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16 the formal approval of the local ethics institutional committees following the principles of the
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18 Declaration of Helsinki.
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20 21 22 Outcomes

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24 The primary outcome was the prediction ability of all-cause mortality in the individuals
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26 by the two GOLD systems.
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29 30 31 Statistical analysis

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33 The 3CIA database manager quality-controlled all data centrally and created a clean
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35 database with a data dictionary. All implausible or missing variables were queried with the
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37 original study investigators, and datum were removed from the central database if errors could
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39 not be corrected. Because the cohorts had different follow-up times, patients were right-censored
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41 at five years of follow-up.
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44 Descriptive statistics used mean and standard deviation for continuous variables and the
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46 number of cases and percentages for categorical variables. Comparisons between groups were
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48 performed with the Chi² - test for categorical variables and the T-test for continuous variables.
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51 We estimated 5-year all-cause mortality, according to GOLD 2015 and 2019 staging
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53 systems, using Kaplan-Meier survival statistics. Statistical comparisons were performed using the
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55 Log-Rank test Receiver Operation Characteristic (ROC) curve analyses, area under the curve
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57 (AUC) and the 95% CI of the AUC were calculated to measure the predictive accuracy for
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59 mortality. Also, we compared the prediction ability of mortality on both classifications using
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sensitivity, positive predictive value and the Youden's index with Epidat 3.1 program.

Results

We pooled data from 22 COPD cohorts with a total of 17,139 patients, finally including 8,823 patients from 15 cohorts that had all complete variables to be classified as GOLD 2015 and GOLD 2019. A comparison of baseline characteristics of included and not included patients is presented in Table 1. There were statistically significant differences in many variables given the large size, but most should be considered not clinically relevant (Table 1).

The 8,823 included patients were 62.9% male, with a mean age of 63.9 (SD± 9.8) years, mean±SD BMI 27.0±5.8 kg/m² and mMRC dyspnoea score of 1.8±1.4. Postbronchodilator FEV₁ was 54.8%±22.3 of the predictive value, and 6-minute walk distance was 376.9±129.1 meters. Based on spirometry staging 1,153 (13%) had mild (stage 1), 3,711 (42.1%) had moderate (stage 2), 2,654 (30.1%) had severe (stage 3) and 1,301 (14.8%) had very severe (stage 4) disease.

The distribution of these 8,823 patients according to GOLD 2015 and GOLD 2019 is presented in Figure 1. With GOLD 2019 there is a shift towards the less severe staging of disease (absolute increase in stage A and B of 7.8% and 22.2% respectively; and absolute decrease in stage C and D of 7.8 and 22.2% respectively).

The overall 5-year mortality rate was 18.3%. The all-cause 5-year mortality rates according to both classifications are shown in Table 2. Figure 2 shows Kaplan-Meier curves for 5-year mortality according to GOLD 2015 (Figure 2A) and GOLD 2019 (Figure 2B). All-cause mortality at 5 years in the 2015 GOLD classification was higher in grade D, followed by grades B, C (with similar mortality), and finally grade A, log-rank test $p < 0.001$ (Table 2 and Figure 2A). Grade D diverged from the beginning of follow up, while grades B and C diverged after 1 year of follow-up. In GOLD 2019, the four Kaplan-Meier curves diverge during the first year, but interestingly, grade B had higher mortality than grade C, so mortality was higher in groups B and D (more symptoms) than in groups A and C (fewer symptoms; Figure 2B). The degree of obstruction measured by FEV₁ % further subclassified patients into 16 subgroups with different mortality rates, increasing from 1A to 4D in GOLD 2019 grading system (Table 3). Figure 3 shows Kaplan-Meier curves for each of the spirometry strata. The higher mortality of group B

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3 over group C persisted in each of the strata with the exception of spirometry strata 1, with a higher
4 mortality in group C. Similarly to GOLD 2015, in GOLD 2019, grade A and D had the lowest
5 and highest mortality, respectively, with very similar absolute numbers (Table 2, Figure 2).
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9 The primary outcome, the prediction capacity as measured by the AUC of ROC curve for
10 mortality up to 5 years was intermediate (<0.70) for both systems (Figure 4). GOLD 2015
11 exhibited slightly better discrimination in predicting mortality (AUC 0.67 [95% CI 0.66-0.68])
12 than GOLD 2019 classification (AUC 0.64 [95% CI 0.63-0.66]).
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18 Regarding sensitivity parameters, both classifications had quite shallow values. GOLD
19 2019 had a higher sensitivity for predicting mortality on A and B groups vs 2015 classification
20 (19.1 vs 11.1 and 43.6 vs 11.6). On the other hand, GOLD 2015 had a higher sensitivity on groups
21 C and D vs 2019 classification (14.6 vs 6.6 and 62.5 vs 30.6) based on overlapping 95% CIs
22 (Table 4). The positive predictive values were also higher in GOLD 2019 group A and B vs the
23 same groups in GOLD 2015 (9.5 vs. 6.9 and 21.2 vs. 13.3); but not different (overlapping
24 confidence intervals) in groups C and D. The Youden indices were quite low for both
25 classifications, even with negative values, showing that it is not an optimal classification system
26 to assess mortality.
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39 Discussion

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41 Our study evaluates mortality according to the last two GOLD classifications, and it is
42 one of the most extensive to date. The most important finding is that the new GOLD 2019
43 classification (based on symptoms or exacerbations along with stages spirometry analysed
44 altogether) did not predict 5-year mortality better than GOLD 2015 classification (based on
45 spirometry, history of exacerbation and symptoms). [How to define and stage COPD exacerbations](#)
46 [is a matter of an intense, long debate^{\[15\]}. Most 3CIA individual cohorts used subsequent iterations](#)
47 [of GOLD-accepted definitions in their protocols, mostly based on Rodriguez-Roisin R, et al.](#)
48 [seminal paper^{\[16\]}, including mild \(symptom-only\) exacerbations. However, when pooling for](#)
49 [3CIA, we only focused on those COPD exacerbations that required health services use, ER,](#)
50 [admission or death.](#) In GOLD 2019 classification, subgroups B and D had the worse mortality,
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3 highlighting that the higher burden of symptoms conveys a higher mortality independently of
4 spirometry (Table 2 and Figure 2B). Finally, we show an important shift in the proportions of
5 patients between the 2015 and 2019 ABCD grades, with milder severity in GOLD 2019.
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9 GOLD 2015 and GOLD 2019 classifications had a low discriminatory power as per the
10 AUCs, ranging from 0.67 to 0.65, and similar to other studies (by consensus, AUC below 0.70
11 are considered low or weak)^[11]. Sensitivity and positive predictive values indicate that the general
12 performance of the two models is similar and very low. Also, the Youden's indices are very low
13 with negative values that have no meaningful interpretation in practice. These findings support
14 the results of other studies, suggesting that GOLD classification is not a good predictor for
15 mortality^[11-12]. There may be various reasons for these poor results. The main reason is that these
16 classifications were conceived to guide treatment, so it is not surprising that their capacity for
17 predicting mortality is low. There are clinical phenotypes such as the asthma-COPD, the frequent
18 exacerbator with emphysema or chronic bronchitis comorbidities and different indexes, that are
19 significant predictors of mortality and are not entirely included in the GOLD stages^[175-2149]. In our
20 study, sensitivity and positive predictive value are higher in GOLD 2019 groups A and B. On the
21 contrary, sensitivity is higher in GOLD 2015 in groups C and D. These results suggest that GOLD
22 2019 predicts slightly better mortality on low risk groups (A and B) and GOLD 2015 in high risk
23 groups (C and D), requiring more studies to corroborate it.
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41 The discriminatory power of GOLD 2019 was lower than GOLD 2015 as shown in AUCs
42 values. The partition of FEV₁ as a direct classifier in GOLD 2019 reduced ability to discriminate
43 survival, highlighting the need to consider the severity of airflow obstruction in assessing
44 mortality risk. When using GOLD 2019 with a composite of spirometry, exacerbations and
45 symptoms (16 subgroups 1A to 4D classification), we found an increase in all-cause mortality
46 between GOLD 2019 stage 1 and GOLD 2019 stage 4 across grades A, B and D, highlighting the
47 persisting importance of FEV₁ as a predictor of mortality (Table 3 and Figure 3). In group C,
48 mortality was higher in spirometry stage 1 than in 2, probably due to a significant difference of
49 the proportion in patients between the two stages.
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3 Our study confirms that patients classified as GOLD A had the best survival, and patients
4 with GOLD D, the higher mortality in both classifications^[229-242]. Mortality of groups B and C in
5 GOLD 2015 lied in between A and D groups and often overlapped. In GOLD 2019 mortality was
6 significantly higher in group B patients than in group C. This finding is similar as other previous
7 reports published^[253-275], showing that group B is an intermediate-high risk group associated with
8 more exacerbations and likely to other comorbidities that may cause dyspnoea (such as heart
9 failure). Furthermore, we show that the burden of symptoms (represented by groups B and D)
10 have a prognostic value additive but independent to spirometry.

11
12 The current study demonstrates that the use of GOLD 2019 classification scheme shifted
13 patients with COPD to groups of milder severity compared with GOLD 2015. This happened in
14 keeping with previous reports, but in a smaller proportion of patients (30% of patients reassigned
15 towards group A or B compared to 53% in Lee et al study or 66% in Tan et al study)^[286-297]. The
16 further distribution of spirometric parameters from two categories in GOLD 2015 (FEV₁ less or
17 higher than 50%) to four categories in GOLD 2019, was one of the possible reasons for the
18 patient's shift from C and D in GOLD 2015 to A and B groups in GOLD 2019. This phenomenon
19 is opposed to the one observed with the use of the revised GOLD 2011 classification, which
20 shifted the patients from the GOLD 2007 towards more advanced stages of the disease (D group
21 increased almost 3 times)^[7]. Remarkably, in both classifications, group C was consistently the
22 smallest group (Figure 1), as seen in other reports^[275]. The implication of progressively milder
23 disease classifications for the treatment choices clinicians make in real life practice guided by
24 GOLD is not yet clear given the recent nature of the latest GOLD iteration, but will be important
25 to monitor.

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27 Strength of our study include a large sample size, the study design (a pooled-analysis of
28 individual patient-data from several cohorts), and the different degrees of severity of patients from
29 different cohorts, maximizing its high external validity. Prospective data collection of spirometry
30 with a post-bronchodilator test, dyspnea by mMRC scale, history of exacerbation and mortality
31 enabled direct classification of patients by 2015 and 2019 GOLD staging schemes. We also have
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3 a significant representation of women, of which other COPD studies might not have
4 achieved^[3028].

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7 Our study has several limitations. First, although we started with 17,139 patients with COPD, a
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9 considerable number of patients were excluded because of missing information on key variables,
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11 mainly regarding the history of exacerbations. These missing data are unlikely to affect the
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13 validity of our results, as we can see in our analysis comparing included and non-included
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15 patients. Second, the mortality analysis used all-cause death, and we have no data regarding
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17 specific causes of death (this data was not collected consistently in all cohorts). Third, symptoms
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19 were only evaluated using mMRC dyspnea score, but not with the COPD Assessment Test, or
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21 other instruments^[3129]; however, that is in line with other reported cohorts^[320-334]. Fourth, most
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23 patients came from hospital-based cohorts, so we likely have more patients with moderate to
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25 severe disease and less patients with mild and moderate disease compared to an outpatient setting,
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27 or a primary care population. Indeed, the 22 cohorts from eleven countries in 3CIA within our
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29 initiative are only a sample representing the estimated 300 million COPD patients worldwide^[34].
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32 Finally, the recruitment timeframe was long (10 years), so evolving treatment recommendations
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34 might influence results.
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37 In conclusion, this study of COPD cohorts, including 8823 patients, showed that neither GOLD
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39 2015 nor GOLD 2019 are strong predictors of mortality. GOLD 2019 predicted mortality better
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41 than GOLD 2015 in groups A and B but worse in groups C and D. However, none of the GOLD
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43 classifications has sufficient discriminatory power to be used as a tool for risk classification of
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45 mortality in patients with COPD. Ours should be considered a constructive exercise and a critical
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47 appraisal of the last two GOLD iterations defining COPD. Within 3CIA, we have already suggested
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49 several proposals for future COPD staging and grading classifications, by applying more evidence-
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51 based thresholds of evidence-based variables [35-39].
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Declaration of interest

There are no direct or indirect conflicts of interest to disclose related with this manuscript

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	Excluded (n=8316)	Included (n=8823)	p-value
Age (years)	64.2 ± 10.7	63.9 ± 9.8	0.08
Male sex	6232 (74.9%)	5552 (62.9%)	< 0.001
BMI	26.5 ± 4.9	27.0 ± 5.8	< 0.001
Modified MRC dyspnea scale	1.5 ± 1.3	1.8 ± 1.4	< 0.001
0	1647 (23.4%)	1957(22.2%)	< 0.001
1	2261(32.1%)	1886(21.4%)	
2	1641(23.3%)	1772(20.1%)	
3	688(9.8%)	1951(22.1%)	
4	805(11.4%)	1257(14.3%)	
Six-minute walk distance (meters)	415.4 ± 108.8	376.9 ± 129.1	< 0.001
FEV ₁ post BD (ml)	1.7 ± 0.7	1.6 ± 0.8	< 0.001
FEV ₁ post BD (%)	60.8 ± 22.1	54.8 ± 22.3	< 0.001
Smoker			< 0.001
Former	3989 (49.1%)	5392 (61.4%)	< 0.001
Current	3589 (44.2%)	3174 (36.1%)	
Never	542 (6.7%)	222 (2.5%)	
Pack-years	46.4 ± 28.8	42.1 ± 28.3	< 0.001
Cough	1103 (54.2%)	342 (43.9%)	< 0.001
Sputum	1159 (42.1%)	341 (43.9%)	0.353
Diabetes	354 (6.7%)	303(16.6%)	< 0.001
Cardiac disease	1072 (30.8%)	467 (25.9%)	< 0.001
Chronic bronchitis	166 (38.7%)	787 (69.5%)	< 0.001
Hypertension	454 (40.4%)	826 (44.8%)	0.028

TABLES

Asthma	1243 (26.1%)	209 (10.7%)	< 0.001
Spirometry staging			< 0.001
1	1567(19%)	1153(13.1%)	
2	3892(47.1%)	3711(42.1%)	
3	2126(25.8%)	2654(30.1%)	
4	671(8.1%)	1301(14.8%)	
<u>Long term oxygen therapy</u>	<u>119 (1.4%)</u>	<u>430 (4.8%)</u>	<u>0.259</u>

Table 1:

Comparison of demographic and clinical characteristics in 3CIA COPD patients included/excluded in this analysis

For Review Only

Data are n (%), mean (SD) or median (IQR). BMI: Body mass index (kg/m²). MRC: Medical Research Council. FEV₁: forced expiratory volume in 1 second. BD: bronchodilator.

Table 2: Mortality risk among COPD patients according to GOLD 2019 and GOLD 2015 classifications

	GOLD 2015 5-year mortality	GOLD 2019 5-year mortality
Group A	5.8 %	7.5 %
Group B	13.8 %	23.2 %
Group C	14.1 %	14.8 %
Group D	30.8 %	32.8 %

Table 3: Five-year all-cause mortality among spirometry strata within GOLD 2019 ABCD classification

GOLD 2019	A	B	C	D
Spirometry I	3.4 %	9.8 %	16.2 %	5.5 %
Spirometry II	7 %	14.9 %	8.3 %	22.1 %
Spirometry III	13 %	23.7 %	17.7 %	32.6 %
Spirometry IV	16.7 %	39.1 %	29.5 %	46 %

Table 4: Accuracy for predicting mortality of the ABCD groups classifications by GOLD 2015 and GOLD 2019 schemes

CLASSIFICATION	Sensitivity (% 95 CI)	PPV (% 95 CI)	Indice de Youden (95% CI)
GOLD 2015 group A	11.1 (9.6-12.7)	6.9 (5.9-7.9)	- 0.23 (-0.25 – -0.22)
GOLD 2015 group B	11.6 (10-13,2)	13.3 (11.5-15.1)	-0.06 (-0.08 – -0.04)
GOLD 2015 group C	14.6 (12.8-16.4)	20.2 (17.9-22.6)	+0.01 (-0.01 – +0.03)
GOLD 2015 group D	62.5 (60.1-64.9)	29.5 (28-31.1)	+0.28 (+0.25 – +0.31)
GOLD 2019 group A	19.1 (17.2-21.1)	9.5 (8.4-10.5)	-0.23 (-0.25 – -0.21)
GOLD 2019 group B	43.6 (41.1-46.1)	21.2(19.8-22.6)	+0.06 (+0.03 – +0.09)
GOLD 2019 group C	6.6 (5.3-7.8)	21.7 (18-25.5)	+0.01 (0.0 – +0.02)
GOLD 2019 group D	30.6 (28.3-32.8)	32.8 (30.4-35.2)	+0.16 (+0.14 – +0.18)

PPV: Positive predictive value. CI: confidence interval

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TABLES AND FIGURES:

Table 1: Comparison of demographic and clinical characteristics in 3CIA COPD patients included/excluded in this analysis

Table 2: Mortality risk among COPD patients according to GOLD 2019 and GOLD 2015 classifications

Table 3: Five-year all-cause mortality among spirometry strata within GOLD 2019 ABCD classification

Table 4: Accuracy for predicting mortality of the ABCD groups classifications by GOLD 2015 and GOLD 2019 schemes

Figure 1: Distribution of participants by classification in GOLD 2015 and GOLD 2019

Figure 2: Kaplan- Meier survival curves by GOLD 2015 and GOLD 2019

Figure 3: Kaplan- Meier survival curves by GOLD 2019 and spirometry subgroups (IA-IVD)

Figure 4: Receiver operating curves for all cause mortality at 5 years follow-up

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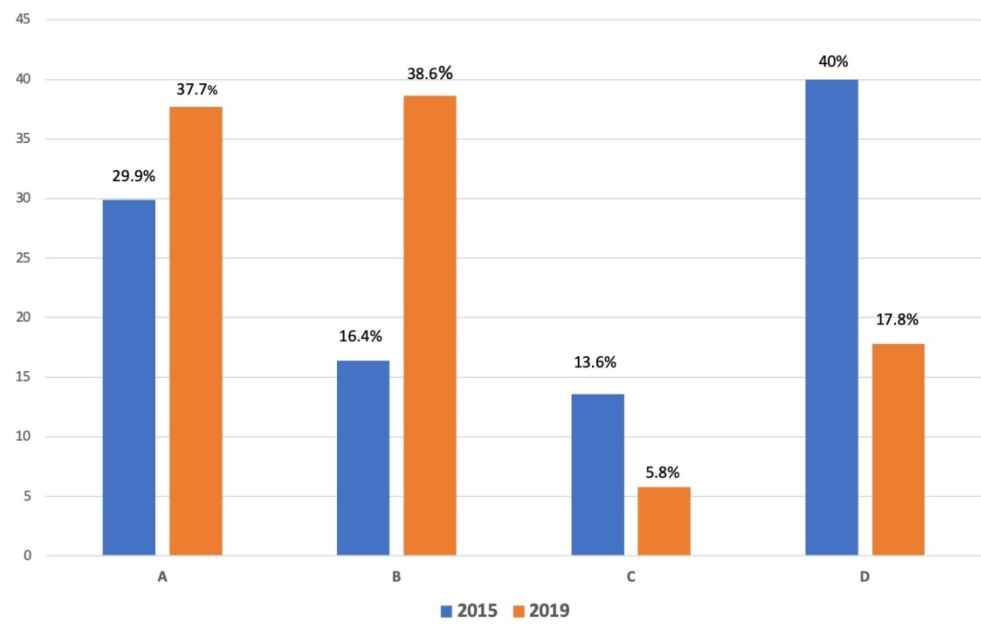


Figure 1: Distribution of participants by classification in GOLD 2015 and GOLD 2019
136x89mm (300 x 300 DPI)

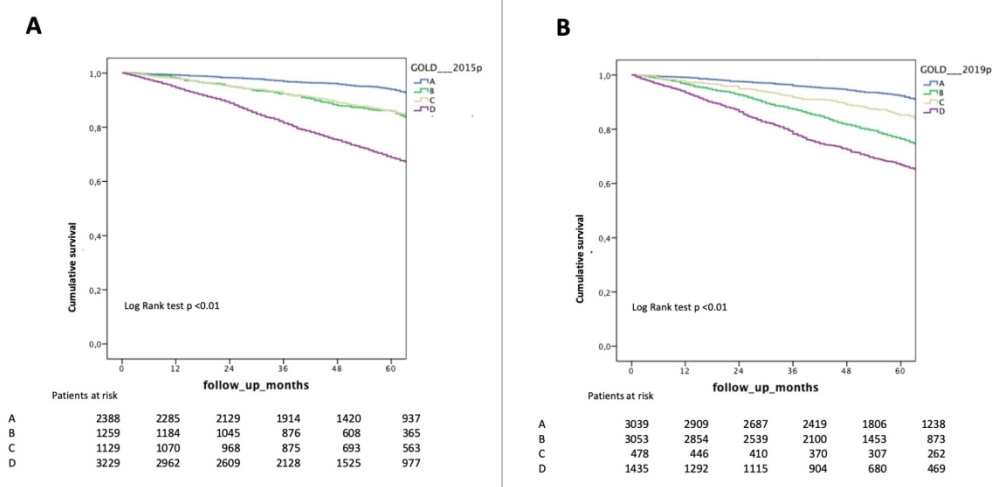


Figure 2: Kaplan- Meier survival curves by GOLD 2015 and GOLD 2019

319x159mm (169 x 169 DPI)

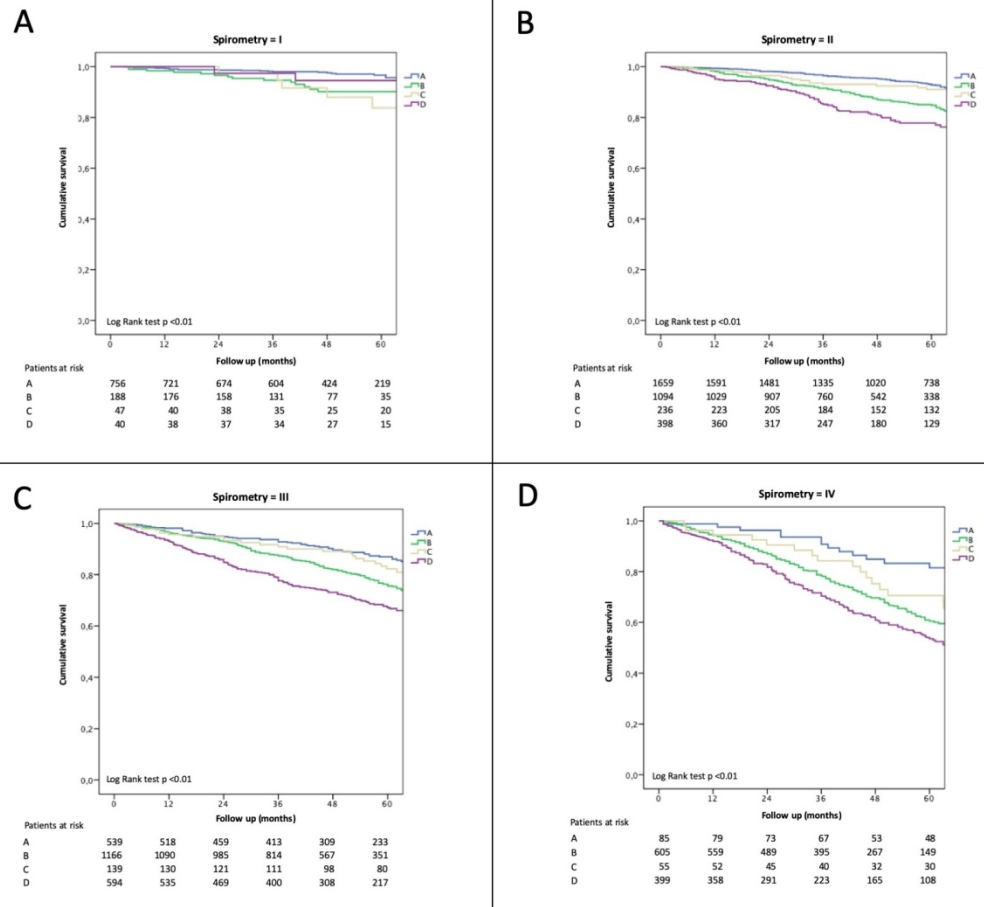
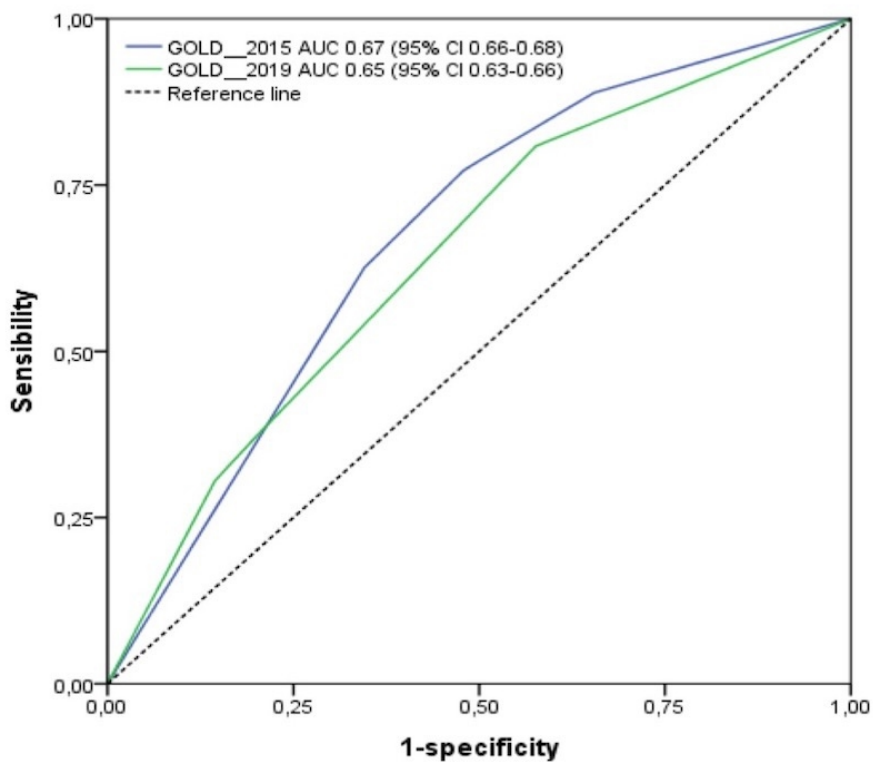


Figure 3: Kaplan- Meier survival curves by GOLD 2019 and spirometry subgroups (IA-IVD)

135x124mm (300 x 300 DPI)



AUC: area under the curve

Receiver operating curves for all cause mortality at 5 years follow-up

76x67mm (300 x 300 DPI)