

Agenda

Tuesday 23rd November 2021

09:15 - Attendees can get themselves ready for the day ahead by joining one of our 2 wellness activities: chair yoga and mindfulness

09:45 - Break

10:00 - Welcome

- Professor Waljit Dhillon, Dean for the NIHR Academy

10:10 - How to get the most from the conference

- Dr Lisa Cotterill, CEO, NIHR Academy

10:25 - Address and Q&A :

Why the time is right to focus on multiple long-term conditions and health inequalities to improve the health of the nation

-Prof Lucy Chappell, Chief Scientific Adviser to the Department of Health and Social Care, CEO of the NIHR

- Introduced by Professor Waljit Dhillon, Dean for the NIHR Academy

10:55 - Panel discussion:

Challenges and learning opportunities when managing multiple long-term conditions through different life stages

- Chair: Dr Lisa Cotterill, CEO, NIHR Academy

-Dr Wenjing Zhang, Research Fellow, Kent Research Partnership

-Professor Chris Salisbury, Professor of Primary Health Care and an NIHR Senior Investigator, University of Bristol

-Dr Jane Taylor (PPI representative)

11:45 - Break

12:00 - Keynote address:

Inequalities driving multiple long-term conditions – what do we need to do?

-Prof Sir Michael Marmot, Professor of Epidemiology at University College London, Director of the UCL Institute of Health Equity, and Past President of the World Medical Association

-Introduced by Professor Waljit Dhillon, Dean for the NIHR Academy

12:30 - Lunch - An opportunity for attendees to network and visit the exhibitors' booths and view the poster submissions

13:00 - Skills Sessions

An opportunity to attend one of a series of workshops

- Interactions between physical health and mental health

-Facilitated by Prof Matthew Hotopf, Vice Dean of Research at the Institute of Psychiatry Psychology and Neuroscience and Director of the South London and Maudsley NHS Foundation Trust National Institute of Health Research Biomedical Research Centre

- Better use of patient reported outcomes with individuals who have multiple long-term complications

-Facilitated by Dr Olalekan Lee Aiyegbusi, Research Fellow at the Centre for Patient-Reported Outcome Research (CPROR), University of Birmingham

- How to increase the participation of older people in research, from public involvement to research participation

-Facilitated by Dr Victoria Shepherd, Research Fellow at the Centre for Trials Research Cardiff University

14:15 - Day 1 Close

14:15 - Facilitated networking session - Optional

14.15 - Poster presentations - Optional

- Meet and speak with fellow NIHR Academy researchers who will be presenting their research

Wednesday 24th November 2021

09:15 - Attendees can get themselves ready for the day ahead by joining one of our 2 wellness activities: chair yoga and mindfulness

09:45 - Break

10:00 - Welcome, reflections and insights from day 1, Academy related announcements/news and what to expect of today's sessions

- Dr Lisa Cotterill, CEO, NIHR Academy

10:15 - Skills Sessions

An opportunity to attend one of a series of workshops

- Exploring the impact of multiple long term conditions on health and care research through effective PPI

-Facilitated by Dr Kelly Howells, Research Associate, School of Health Sciences University of Manchester

- How big data can enhance research involving those with multiple long-term complications

-Facilitated by: Professor Colin McCowan, Professor of Health Data Science at University of St Andrews and a lead for HDR-UK Multimorbidity Resource

- Opportunities and challenges for research on multiple long-term conditions

-Facilitated by Professor Deborah Swinglehurst GP and NIHR Clinician Scientist and Professor Chris Salisbury Professor of Primary Health Care, University of Bristol and NIHR Senior Investigator

- Advanced presentation skills: How to enhance your impact and influence through your presentations in-person and online

-Facilitated by Simon Cain, Westbourne Training and Consulting

11:30 - Break

11:45 - Training and career development at the NIHR Academy (career journeys)

-Chair: Prof Anne-Maree Keenan, Associate Dean, NIHR Academy

Panel: Dr Anna Volkmer, Senior Research Fellow in the department of Language and Cognition University College London

Dr Amy O'Donnell, Senior Research Associate and Medical Faculty Fellow at Population Health Sciences Institute Newcastle University

Dr Matthew Maddocks - Senior Lecturer and Specialist Physiotherapist Kings College London

Sola Adeleke - NIHR Academic Clinical Fellow in Clinical Oncology

12:45 - Lunch - An opportunity for attendees to network and visit the exhibitors' booths and view the poster submissions

13:15 - Poster Competition Awards

-Presented by Louise Knowles, Deputy Director of Research Faculty, Infrastructure and Growth at the Department of Health and Social Care

-Introduced by Prof Waljit Dhillon, Dean for the NIHR Academy

13:30 - Multiple long-term conditions - the work of the NIHR

-Chair: Prof Lorraine Harper, Associate Dean, NIHR Academy

-Dr Jane Masoli, NIHR Clinical Lecturer and SPR in Geriatric Medicine Royal Devon and Exeter NHS Foundation Trust

-Dr Sam Malins, Clinical Psychologist Nottingham Healthcare NHS Foundation Trust

-Dr Marietta Stadler, NIHR Clinical Scientist Kings College London

-Dr Claire Nolan, NIHR research fellow and respiratory physiotherapist

14:00 - Keynote address:

Multiple Long-Term Conditions Research in the UK: where are we now and where are we going?

-Prof Avan Sayer, Professor of Geriatric Medicine, Newcastle University and Director of the NIHR Newcastle Biomedical Research Centre

-Introduced by Prof Waljit Dhillon, Dean for the NIHR Academy

14:30 - Closing Remarks

- Dr Lisa Cotterill, CEO, NIHR Academy

14:35 - Day 2 close

14:45 - Facilitated networking session - Optional

Questions potentially based around what next steps delegates plan to take following the conference to embed learnings

14:45 - Poster presentations - Optional

Meet and speak with fellow NIHR Academy researchers who will be presenting their research

Please note that the agenda for both days of the conference is subject to change.